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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Granite School District

Mar 1, 2017 thru Mar 31, 2017

## Base Menu Spreadsheet

6-8 LUNCH

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/01/2017																
6-8 LUNCH	Total	100														
CHICKEN,ASIAN ORNG:w/RICE K-12	servings	15	400	34	344	3.35	2.03	25.4	175	3.89	*10	15.75	47.45	16.66	2.84	*0.00
EGG ROLL, VEG 3 oz 6-12	1 EACH	1	140	5	270	2.00	1.44	40.0	500	9.0	*N/A*	4.0	22.0	4.5	1.00	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	7	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	6	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATCH 6-12	1 SLICE	7	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
SAND COLD:TKY/CH SANDWI CH 6-8	1 EACH	5	311	52	1018	4.00	2.01	155.9	230	0.0	6	28.54	32.1	8.94	3.83	0.00
SAND COLD:HAM/CH/ WG SAND 6-8	1 EACH	5	276	42	858	4.00	1.44	155.9	231	0.0	6	19.23	33.79	9.83	4.68	0.00
SAND COLD:COMBO:HAM TK CH 6-8	1 EACH	1	293	47	1147	4.00	1.44	155.9	227	0.0	*5	24.14	33.32	8.96	4.04	0.00
SAND COLD:BEEF ROAST 6-8	1 EACH	1	254	28	819	4.00	1.99	155.9	222	0.0	4	17.87	32.02	7.7	3.42	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
BROCCOLI, FRESH	1/2 CUP	55	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	50	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00
ORANGE FRESH, 6-12	1 EACH	55	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/01/2017																
APPLESAUCE, CND UNSWT	1/2 CUP	1	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			644	51	1316	*7.42	*2.81	*572.2	*1276	*57.90	*33 *20.2%	31.18 19.4%	84.05 52.2%	20.63 28.8%	7.11 9.9%	*0.12 *0.2%
Nutrient Guideline			600-700		1360										<10.00	

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/02/2017																
6-8 LUNCH	Total	100														
ZITI: BAKED-sec	1.3 CUP	10	409	48	863	4.53	3.77	139.8	352	9.1	*7	25.69	49.86	13.29	5.82	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SUPREME :SCRATCH 6-12	1 SLICE	5	437	40	947	4.99	1.99	443.6	450	15.42	*3	24.34	39.36	19.93	10.00	*0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6 -12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	5	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHEF: 6-12	1 EACH	5	160	41	509	1.12	0.58	216.9	766	7.92	*2	17.91	4.67	8.31	4.94	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	50	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
RAISINS, SEEDLESS K-12 4 T BSP	1/4 CUP	40	108	0	4	1.34	0.68	18.1	0	0.83	21	1.11	28.7	0.17	0.02	*N/A*
PEAR, FRESH K-12	1 EACH	55	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	*N/A*
PEARS DICED CND, OREGON TRAIL	1/2 CUP	1	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/02/2017																
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SOUR CREAM: MEADOW GOLD	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			667	51	1280	*9.84	*3.59	*558.9	*6831	*12.11	*39	31.55	94.24	19.39	6.97	*0.12
% of Calories											*23.2%	18.9%	56.5%	26.1%	9.4%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/03/2017																
6-8 LUNCH	Total	100														
SAND HOT: GRILLED CHEESE K-12	1 EACH	20	270	25	700	4.00	1.44	230.0	320	0.0	5	13.0	32.0	11.0	5.00	0.00
CHILI w/BEEF & BEANS 6-12	1/2 CUP	1	226	39	484	7.00	3.77	57.1	459	6.07	*0	20.84	18.56	9.05	3.58	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:VEGGIE:SCRATCH 6-12	1 SLICE	5	379	30	817	4.50	1.74	428.6	448	14.68	3	22.01	37.79	15.49	8.42	0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: VEGETARIAN: 6-12	1 EACH	5	157	15	201	5.18	1.73	249.0	774	8.89	*1	12.0	12.91	6.26	4.08	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO: SWEET, FRIES	1/2 CUP	30	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CABBAGE: COLESLAW	1/2 cup	45	10	*0	9	*0.88	*0.16	*14.0	*36	*12.81	*1	0.45	2.39	0.04	0.01	0.00
FRUIT MIX,CND/EXLT SYR DEL MON	1/2 CUP	55	60	0	5	1.00	0.36	0.0	100	3.6	12	0.0	15.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/03/2017																
CLEMENTINE	1 each	60	35	0	1	1.00	0.18	20.0	0	36.0	*N/A*	1.0	9.0	0.0	0.00	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	1	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			668	*48	1372	*8.35	*2.97	*585.5	*2455	*37.77	*31	30.13	89.84	21.06	7.18	*0.12
% of Calories											*18.6%	18.0%	53.8%	28.4%	9.7%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/06/2017																
6-8 LUNCH	Total	100														
SALISBURY STEAK/GRAVY 6-12	1 EACH	15	256	55	2004	0.00	1.44	25.5	100	1.2	*0	18.32	23.26	10.0	4.00	*0.50
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	1	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:MASHED, instant	1/2 CUP	1	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	5	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	5	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SAUSAGE Bold 6-8, 9-12	1 SLICE	5	453	47	567	4.06	2.48	324.8	376	0.0	8	20.94	43.08	20.66	9.07	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK MANDARIN 6-12	1 EACH	5	187	43	118	1.64	1.13	28.9	662	23.9	*18	15.42	21.92	3.97	1.18	0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	20	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
BEANS: BBQ BAKED K-12	1/2 CUP	1	149	0	422	5.03	*1.82	*60.4	447	*0.1	*6	6.02	29.97	0.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CUCUMBER, WITH PEEL, RAW	1/2 CUP	45	11	0	1	0.37	0.21	11.8	77	2.06	1	0.48	2.67	0.08	0.02	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/06/2017																
SLICE																
PEARS DICED CND, OREGON TRAIL	1/2 CUP	40	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00
ORANGE MANDARIN CND-Granite	1/2 CUP	40	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00
APPLE WHOLE:125-138ct	1 EACH	40	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	5	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	5	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	5	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SOUR CREAM: MEADOW GOLD	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			601	51	1283	*7.61	*2.75	*502.0	*1115	*19.68	*40	28.48	84.46	16.43	6.03	*0.15
Nutrient Guideline			600-700		1360						*26.5%	19.0%	56.2%	24.6%	9.0%	*0.2%

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/07/2017																
6-8 LUNCH																
	Total	100														
CHICKEN,TERIYAKI: w/RICE 6-12	1/2 CUP	15	207	47	285	0.80	1.30	83.0	133	0.8	*0	19.08	25.6	2.8	0.67	*0.00
EGG ROLL, VEG 3 oz 6-12	1 EACH	15	140	5	270	2.00	1.44	40.0	500	9.0	*N/A*	4.0	22.0	4.5	1.00	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	5	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	5	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:HAWAIIAN:SCRATCH 6-12	1 SLICE	5	371	34	740	3.64	1.30	418.2	364	3.38	3	22.57	36.29	14.93	8.49	0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK PARMESA N 6-12	1 EACH	5	143	50	581	1.25	0.65	115.3	842	10.9	*2	18.78	4.82	4.91	2.05	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO SWT FRIES	1/2 cup	1	140	0	160	2.00	0.36	20.0	3000	4.8	*N/A*	1.0	21.0	6.0	1.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
Beans, Great Northern	1/2 CUP	20	149	0	370	6.41	2.06	69.0	0	1.7	*N/A*	9.65	27.54	0.51	0.16	0.00
CARROTS, BABY FRESH	1/2 CUP	40	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
PEACHES SLCD CND IN EXLT	1/2 CUP	40	60	0	10	0.00	0.00	0.0	300	1.2	11	0.0	14.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/07/2017																
SYR																
BANANAS:100-120ct- half	1/2 EACH	40	53	0	1	1.53	0.15	3.0	38	5.13	7	0.64	13.48	0.19	0.06	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	15	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			620	51	1278	*7.64	*3.19	*528.8	*5823	*10.30	*28	31.51	84.23	17.03	5.92	*0.07
% of Calories											*17.8%	20.3%	54.3%	24.7%	8.6%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/08/2017																
6-8 LUNCH	Total	100														
SAND HOT: SLOPPY JOE 6-12	1 EACH	20	408	51	588	4.87	*3.35	*30.2	1073	*7.87	*7	26.91	46.14	14.84	5.21	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATCH 6-12	1 SLICE	5	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO: SWEET, FRIES	1/2 CUP	1	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
BROCCOLI, FRESH	1/2 CUP	55	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	50	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	55	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/08/2017																
ORANGE FRESH, 6-12	1 EACH	60	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			680	54	1327	*8.68	*3.00	*546.6	*1516	*62.58	*39	32.77	92.68	20.36	7.24	*0.12
% of Calories											*23.1%	19.3%	54.5%	27.0%	9.6%	*0.2%
Nutrient Guideline			600-700		1360										<10.00	

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/09/2017																
6-8 LUNCH	Total	100														
CHEESE CRUNCHER:PIZZA K-12 EHH	4 EACH	1	418	30	787	3.98	2.14	424.5	478	1.86	2	19.93	41.85	19.93	8.97	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SAUSAGE:SCRATCH 6-12	1 SLICE	5	417	40	822	3.96	1.53	430.9	364	3.38	3	23.76	36.51	18.95	9.87	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK MANDARI N 6-12	1 EACH	5	187	43	118	1.64	1.13	28.9	662	23.9	*18	15.42	21.92	3.97	1.18	0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	391	2.61	1.46	34.4	107	0.19	4	5.01	29.52	4.5	0.72	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	20	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
BEANS, GREEN CND COMM A061	1/2 CUP	1	0	0	9	0.05	0.02	0.5	7	0.06	*N/A*	0.02	0.1	0.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	40	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
PEAR, FRESH K-12	1 EACH	40	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	*N/A*
CRAISINS, DRIED	1/4 CUP	40	130	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	33.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/09/2017																
PEACHES SLCD CND IN EXLT SYR	1/2 CUP	55	60	0	10	0.00	0.00	0.0	300	1.2	11	0.0	14.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			642	46	1156	*8.77	*2.79	*526.9	*5767	*9.79	*34	28.04	93.46	17.40	6.19	*0.12
% of Calories											*21.3%	17.5%	58.3%	24.4%	8.7%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/10/2017																
6-8 LUNCH	Total	100														
SAND HOT: BBQ RIBLET:beef 9-12	1 EACH	15	507	40	1197	7.10	4.55	85.1	507	1.44	*16	23.33	68.25	16.67	4.96	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	7	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	6	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATCH 6-12	1 SLICE	7	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SUB 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CELERY STICKS, 4"	6 EACH	55	10	0	50	1.00	0.36	20.0	100	3.6	*N/A*	0.0	2.0	0.0	0.00	*N/A*
CLEMENTINE	1 each	50	35	0	1	1.00	0.18	20.0	0	36.0	*N/A*	1.0	9.0	0.0	0.00	0.00
APRICOTS, DICE CND PLD LT	1/2 CUP	55	62	0	3	2.00	0.38	13.0	1601	5.0	0	0.76	15.76	0.14	0.00	0.00
SYR																

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/10/2017																
FRUIT MIX CND IN LT SYR 25448	1/2 CUP	1	80	0	5	1.00	0.00	0.0	200	1.2	*N/A*	1.0	18.03	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			661	52	1442	*8.09	*3.37	*568.2	*1953	*28.45	*22	31.79	87.05	20.65	7.41	*0.12
% of Calories											*13.5%	19.2%	52.7%	28.1%	10.1%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/13/2017																
6-8 LUNCH	Total	100														
COUNTRY FRIED STEAK 6-12	1 EACH	10	300	50	450	2.00	1.80	20.0	0	0.0	*N/A*	15.0	16.0	20.0	6.00	1.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
POTATO:MASHED, instant	1/2 CUP	10	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	10	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	5	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SAUSAGE:SCRATCH 6-12	1 SLICE	5	417	40	822	3.96	1.53	430.9	364	3.38	3	23.76	36.51	18.95	9.87	0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK MANDARI N 6-12	1 EACH	5	187	43	118	1.64	1.13	28.9	662	23.9	*18	15.42	21.92	3.97	1.18	0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
PEAS GREEN	1/2 CUP	40	62	0	58	4.40	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	*N/A*
PEARS DICED CND, OREGON TRAIL	1/2 CUP	40	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/13/2017																
ORANGE MANDARIN CND-Granite	1/2 CUP	40	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00
APPLE WHOLE:125-138ct	1 EACH	40	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			672	49	1225	*10.16	*3.25	*506.3	*1729	*24.83	*41	30.34	93.51	19.41	6.39	*0.17
% of Calories											*24.1%	18.1%	55.7%	26.0%	8.6%	*0.2%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/14/2017																
6-8 LUNCH	Total	100														
SAND HOT:CHICKEN PESTO	1 EACH	10	449	65	788	4.07	2.00	169.9	659	4.54	4	27.76	32.3	22.37	5.49	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:HAWAIIAN:SCRATCH 6-12	1 SLICE	5	371	34	740	3.64	1.30	418.2	364	3.38	3	22.57	36.29	14.93	8.49	0.00
SAND COLD:TKY/CH SANDWI CH 6-8	1 EACH	5	311	52	1018	4.00	2.01	155.9	230	0.0	6	28.54	32.1	8.94	3.83	0.00
SAND COLD:HAM/CH/ WG SAND 6-8	1 EACH	1	276	42	858	4.00	1.44	155.9	231	0.0	6	19.23	33.79	9.83	4.68	0.00
SAND COLD:COMBO:HAM TK CH 6-8	1 EACH	5	293	47	1147	4.00	1.44	155.9	227	0.0	*5	24.14	33.32	8.96	4.04	0.00
SAND COLD:BEEF ROAST 6-8	1 EACH	1	254	28	819	4.00	1.99	155.9	222	0.0	4	17.87	32.02	7.7	3.42	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK PARMESAN 6-12	1 EACH	5	143	50	581	1.25	0.65	115.3	842	10.9	*2	18.78	4.82	4.91	2.05	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	50	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
BEANS, BLACK CND DRND:veg	1/2 CUP	1	100	0	140	6.00	2.70	40.0	10	0.0	2	7.0	18.0	0.0	0.00	0.00
PEACHES SLCD CND IN EXLT SYR	1/2 CUP	55	60	0	10	0.00	0.00	0.0	300	1.2	11	0.0	14.0	0.0	0.00	0.00
BANANAS:100-120ct- half	1/2 EACH	60	53	0	1	1.53	0.15	3.0	38	5.13	7	0.64	13.48	0.19	0.06	0.00
MILK CHOCOLATE FAT FREE	1 HALF P	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/14/2017																
TRUMOO	INT															
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM COMM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			650	53	1330	*7.49	*3.08	*549.8	*7031	*10.82	*31 *18.8%	31.94 19.7%	83.97 51.7%	20.43 28.3%	6.87 9.5%	*0.12 *0.2%
Nutrient Guideline			600-700		1360											<10.00

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/15/2017																
6-8 LUNCH	Total	100														
SAND HOT:HOT DOG K-8	1 EACH	20	100	0	160	3.00	1.08	150.0	0	0.0	*0	6.0	17.0	1.0	0.00	0.00
MAC & CHEESE:scratch 9-12 half	1/2 CUP	1	202	5	488	0.74	0.01	238.9	105	0.61	*0	8.54	24.26	7.6	4.14	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
6-12																
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATC	1 SLICE	5	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
H 6-12																
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
BEANS, LIMA FRZ CKD	1/2 CUP	40	88	0	246	4.93	1.55	25.5	162	10.88	*N/A*	5.16	16.42	0.29	0.07	*N/A*
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
BROCCOLI, FRESH	1/2 CUP	60	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	40	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
PINEAPPLE TIDBITS CND IN J	1/2 CUP	45	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/15/2017																
UICE																
ORANGE FRESH, 6-12	1 EACH	60	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			644	44	1342	*10.10	*3.17	*583.9	*1322	*66.60	*36	30.79	90.77	17.73	6.26	*0.12
% of Calories											*22.1%	19.1%	56.4%	24.8%	8.8%	*0.2%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/16/2017																
6-8 LUNCH	Total	100														
SAND HOT: ULTIMATE GRILLE D CH.	1 EACH	5	363	47	1111	4.48	1.55	234.0	653	5.48	*6	21.95	33.56	15.38	5.01	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	15	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	15	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SUPREME :SCRATCH 6-12	1 SLICE	5	437	40	947	4.99	1.99	443.6	450	15.42	*3	24.34	39.36	19.93	10.00	*0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHEF: 6-12	1 EACH	5	160	41	509	1.12	0.58	216.9	766	7.92	*2	17.91	4.67	8.31	4.94	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	20	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	40	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
PEAR, FRESH K-12	1 EACH	40	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	*N/A*
RAISINS, SEEDLESS K-12 4 T BSP	1/4 CUP	40	108	0	4	1.34	0.68	18.1	0	0.83	21	1.11	28.7	0.17	0.02	*N/A*
PEARS DICED CND, OREGON	1/2 CUP	40	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/16/2017																
TRAIL																
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	1 OZ	15	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			640	48	1223	*9.79	*3.12	*530.8	*5658	*11.03	*41 *25.4%	29.16 18.2%	92.02 57.5%	18.18 25.5%	6.26 8.8%	*0.07 *0.1%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/17/2017																
6-8 LUNCH	Total	100														
SAND HOT:MONTE CRISTO M	1 sandwich	10	607	274	1217	5.21	2.97	223.5	711	0.32	*34	30.65	68.73	24.65	8.40	0.00
ELT WOF																
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:VEGGIE:SCRATCH 6-12	1 SLICE	5	379	30	817	4.50	1.74	428.6	448	14.68	3	22.01	37.79	15.49	8.42	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: VEGETARIAN: 6-12	1 EACH	5	157	15	201	5.18	1.73	249.0	774	8.89	*1	12.0	12.91	6.26	4.08	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO: SWEET, FRIES	1/2 CUP	1	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO: SWEET, FRIES CRIS S CUT	5 fries	1	140	0	160	2.00	0.36	20.0	2999	4.8	*N/A*	1.0	21.0	6.0	1.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
SALAD SIDE: CUCUMBER Granite	1/2 CUP	40	21	0	94	0.99	0.30	13.6	577	9.97	*2	0.85	4.44	0.34	0.03	*0.00
FRUIT MIX,CND/EXLT SYR DEL	1/2 CUP	40	60	0	5	1.00	0.36	0.0	100	3.6	12	0.0	15.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/17/2017																
MON																
CLEMENTINE	1 each	60	35	0	1	1.00	0.18	20.0	0	36.0	*N/A*	1.0	9.0	0.0	0.00	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	1	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			644	72	1340	*7.01	*3.11	*556.6	*1336	*33.24	*29	31.88	82.44	21.01	7.25	*0.12
% of Calories											*18.1%	19.8%	51.2%	29.3%	10.1%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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# Granite School District

Mar 1, 2017 thru Mar 31, 2017

## Base Menu Spreadsheet

6-8 LUNCH

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/20/2017																
6-8 LUNCH	Total	100														
WRAP: BUFFALO CHICKEN	1 wrap	10	261	*48	592	2.49	*1.02	*230.1	*5820	*3.8	*0	14.49	12.95	17.21	6.50	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SAUSAGE:SCRATCH 6-12	1 SLICE	5	417	40	822	3.96	1.53	430.9	364	3.38	3	23.76	36.51	18.95	9.87	0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK MANDARI N 6-12	1 EACH	5	187	43	118	1.64	1.13	28.9	662	23.9	*18	15.42	21.92	3.97	1.18	0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	20	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO: SWEET, FRIES	1/2 CUP	1	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
EDAMAME,FRZ, THAWED	1/2 CUP	30	119	0	10	3.96	2.99	165.7	151	24.39	*N/A*	11.87	9.89	5.93	0.00	0.00
PEARS DICED CND, OREGON TRAIL	1/2 CUP	40	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00
ORANGE MANDARIN CND-Granite	1/2 CUP	40	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/20/2017																
APPLE WHOLE:125-138ct	1 EACH	40	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
POTATO SWT FRIES	1/2 cup	1	140	0	160	2.00	0.36	20.0	3000	4.8	*N/A*	1.0	21.0	6.0	1.00	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
	1 OZ	15	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
Weighted Daily Average % of Calories			655	*51	1164	*8.96	*3.64	*594.0	*1771	*26.23	*40	32.81	87.14	20.41	6.70	*0.12
											*24.3%	20.0%	53.2%	28.0%	9.2%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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# Granite School District

Mar 1, 2017 thru Mar 31, 2017

## Base Menu Spreadsheet

6-8 LUNCH

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/21/2017																
6-8 LUNCH	Total	100														
SAND HOT:SOUTHWESTERN CHK	1 EACH	20	244	62	794	0.97	*1.03	*97.2	312	*1.13	*3	18.52	13.03	13.32	5.01	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:HAWAIIAN:SCRATCH 6-12	1 SLICE	5	371	34	740	3.64	1.30	418.2	364	3.38	3	22.57	36.29	14.93	8.49	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK PARMESA N 6-12	1 EACH	5	143	50	581	1.25	0.65	115.3	842	10.9	*2	18.78	4.82	4.91	2.05	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
CORN, YELLOW WHOLE CKD FRZ	1/2 CUP	1	66	0	1	2.00	0.39	2.0	163	2.9	0	2.09	15.83	0.55	0.08	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	50	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
CAULIFLOWER FRESH	1/2 CUP	1	13	0	15	1.00	0.21	11.0	0	24.1	1	0.96	2.49	0.14	0.07	*N/A*

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/21/2017																
PEACHES SLCD CND IN EXLT SYR	1/2 CUP	50	60	0	10	0.00	0.00	0.0	300	1.2	11	0.0	14.0	0.0	0.00	0.00
BANANAS:100-120ct- half	1/2 EACH	60	53	0	1	1.53	0.15	3.0	38	5.13	7	0.64	13.48	0.19	0.06	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	10	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			611	57	1351	*6.60	*2.73	*540.3	*7016	*10.37	*31 *20.2%	30.63 20.0%	78.98 51.7%	18.94 27.9%	6.97 10.3%	*0.12 *0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/22/2017																
6-8 LUNCH	Total	100														
PITA: GREEK CHICKEN	1 pita	10	293	45	404	*3.53	*1.74	*207.5	*203	*7.47	*1	20.6	30.31	9.45	2.97	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATCH 6-12	1 SLICE	5	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
BEANS, GREEN CND COMM A061	1/2 CUP	1	0	0	9	0.05	0.02	0.5	7	0.06	*N/A*	0.02	0.1	0.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
BROCCOLI, FRESH	1/2 CUP	50	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	45	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	50	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/22/2017																
ORANGE FRESH, 6-12	1 EACH	60	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	15	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			629	50	1209	*7.93	*2.83	*563.9	*1266	*59.07	*36	30.88	84.79	18.85	6.62	*0.12
% of Calories											*23.2%	19.6%	53.9%	27.0%	9.5%	*0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/23/2017																
6-8 LUNCH	Total	100														
TACOS: SRIRACHA SHRIMP	1 each	5	536	90	1843	7.46	1.84	265.8	*422	*0.95	*23	19.17	53.67	30.04	6.56	*0.00
SAUCE: SRIRACHA RANCH	1 Tsp	1	193	0	1170	4.26	0.00	0.0	107	0.0	23	0.0	30.06	8.52	0.00	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	15	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	15	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
6-12																
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SUPREME Bold 6-8, 9-12	1 SLICE	5	473	47	691	5.09	2.94	337.5	462	12.05	*8	21.52	45.93	21.63	9.21	*0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD: RST BEEF/CH 6-8	1 EACH	5	266	33	956	4.00	2.17	155.0	170	0.0	4	19.61	33.02	8.02	3.01	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHEF: 6-12	1 EACH	5	160	41	509	1.12	0.58	216.9	766	7.92	*2	17.91	4.67	8.31	4.94	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
Beans, Great Northern	1/2 CUP	20	149	0	370	6.41	2.06	69.0	0	1.7	*N/A*	9.65	27.54	0.51	0.16	0.00
CARROTS, BABY FRESH	1/2 CUP	40	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
CRAISINS, DRIED	1/4 CUP	40	130	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	33.0	0.0	0.00	0.00
PEAR, FRESH K-12	1 EACH	40	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/23/2017																
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			680	50	1351	*10.93	*3.37	*537.0	*5624	*9.59	*29	30.74	95.86	19.56	6.38	*0.07
% of Calories											*16.8%	18.1%	56.4%	25.9%	8.4%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/24/2017																
6-8 LUNCH	Total	100														
SAND: CHICKEN PULLED BBQ 7-12	1 sandwich	10	99	44	124	0.07	*0.55	*0.1	31	*0.13	*0	14.79	1.66	3.68	1.10	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:VEGGIE:SCRATCH 6-12	1 SLICE	5	379	30	817	4.50	1.74	428.6	448	14.68	3	22.01	37.79	15.49	8.42	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: VEGETARIAN: 6-12	1 EACH	5	157	15	201	5.18	1.73	249.0	774	8.89	*1	12.0	12.91	6.26	4.08	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CELERY STICKS, 4"	6 EACH	60	10	0	50	1.00	0.36	20.0	100	3.6	*N/A*	0.0	2.0	0.0	0.00	*N/A*
APRICOTS, DICE CND PLD LT SYR	1/2 CUP	55	62	0	3	2.00	0.38	13.0	1601	5.0	0	0.76	15.76	0.14	0.00	0.00
CLEMENTINE	1 each	60	35	0	1	1.00	0.18	20.0	0	36.0	*N/A*	1.0	9.0	0.0	0.00	0.00
FRUIT MIX,CND/EXLT SYR DEL	1/2 CUP	1	60	0	5	1.00	0.36	0.0	100	3.6	12	0.0	15.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/24/2017																
MON																
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			598	49	1220	*7.33	*3.02	*547.5	*1862	*32.58	*20 *13.3%	30.35 20.3%	77.32 51.7%	18.73 28.2%	6.50 9.8%	*0.12 *0.2%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/27/2017																
6-8 LUNCH	Total	100														
CHEESE CRUNCHER:PIZZA K-12 EHH	4 EACH	5	418	30	787	3.98	2.14	424.5	478	1.86	2	19.93	41.85	19.93	8.97	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	15	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	15	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SUPREME Bold 6-8, 9-12	1 SLICE	5	473	47	691	5.09	2.94	337.5	462	12.05	*8	21.52	45.93	21.63	9.21	*0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD: RST BEEF/CH 6-8	1 EACH	5	266	33	956	4.00	2.17	155.0	170	0.0	4	19.61	33.02	8.02	3.01	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHEF: 6-12	1 EACH	5	160	41	509	1.12	0.58	216.9	766	7.92	*2	17.91	4.67	8.31	4.94	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	30	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CUCUMBER, WITH PEEL, RAW SLICE	1/2 CUP	20	11	0	1	0.37	0.21	11.8	77	2.06	1	0.48	2.67	0.08	0.02	0.00
APPLE WHOLE:125-138ct	1 EACH	40	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
PEARS DICED CND, OREGON TRAIL	1/2 CUP	40	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00
ORANGE MANDARIN CND-Granite	1/2 CUP	40	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 03/27/2017																
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SOUR CREAM: MEADOW GOLD	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			632	47	1194	*8.32	*2.87	*532.2	*1110	*18.94	*39	28.87	86.77	18.74	6.45	*0.07
% of Calories											*24.7%	18.3%	54.9%	26.7%	9.2%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/28/2017																
6-8 LUNCH	Total	100														
SAND HOT: JALAPENO BURG	1 EACH	10	380	55	1753	5.93	3.24	358.6	606	4.63	*4	22.0	35.93	18.0	7.50	0.50
ER 9-12																
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:HAWAIIAN:SCRATCH 6-12	1 SLICE	5	371	34	740	3.64	1.30	418.2	364	3.38	3	22.57	36.29	14.93	8.49	0.00
SAND COLD:TKY/CH SANDWI CH 6-8	1 EACH	5	311	52	1018	4.00	2.01	155.9	230	0.0	6	28.54	32.1	8.94	3.83	0.00
SAND COLD:HAM/CH/ WG SAND 6-8	1 EACH	1	276	42	858	4.00	1.44	155.9	231	0.0	6	19.23	33.79	9.83	4.68	0.00
SAND COLD:COMBO:HAM TK CH 6-8	1 EACH	5	293	47	1147	4.00	1.44	155.9	227	0.0	*5	24.14	33.32	8.96	4.04	0.00
SAND COLD:BEEF ROAST 6-8	1 EACH	1	254	28	819	4.00	1.99	155.9	222	0.0	4	17.87	32.02	7.7	3.42	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHICK PARMESAN 6-12	1 EACH	5	143	50	581	1.25	0.65	115.3	842	10.9	*2	18.78	4.82	4.91	2.05	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
Beans, Great Northern	1/2 CUP	50	149	0	370	6.41	2.06	69.0	0	1.7	*N/A*	9.65	27.54	0.51	0.16	0.00
CARROTS, BABY FRESH	1/2 CUP	1	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
PEACHES SLCD CND IN EXLT SYR	1/2 CUP	55	60	0	10	0.00	0.00	0.0	300	1.2	11	0.0	14.0	0.0	0.00	0.00
BANANAS:100-120ct- half	1/2 EACH	60	53	0	1	1.53	0.15	3.0	38	5.13	7	0.64	13.48	0.19	0.06	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 03/28/2017																
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SOUR CREAM: MEADOW GOLD	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			702	52	1578	*9.61	*3.83	*589.6	*1279	*10.57	*31	35.86	94.53	20.20	7.14	*0.17
% of Calories											*17.4%	20.4%	53.9%	25.9%	9.2%	*0.2%
Nutrient Guideline			600-700		1360										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/29/2017																
6-8 LUNCH	Total	100														
COUNTRY FRIED STEAK 6-12	1 EACH	20	300	50	450	2.00	1.80	20.0	0	0.0	*N/A*	15.0	16.0	20.0	6.00	1.00
POTATO:MASHED, instant	1/2 CUP	1	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
ROLL: SCRATCH K-12 2 OZ	2 OZ	1	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
GRAVY:BROWN MIX - Granite	1/2 CUP	1	136	0	1912	0.00	0.00	7.1	0	0.0	*0	6.8	27.22	0.0	0.00	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	1	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	1	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:MEAT LOVERS:SCRATCH 6-12	1 SLICE	5	407	42	842	3.83	1.44	425.8	365	3.38	3	24.42	36.87	17.8	9.54	0.00
SAND COLD:TKY & CH WG SUB 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SUB 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT:CHICKEN FIESTA 6-12	1 EACH	5	174	38	580	3.47	2.45	101.8	924	6.52	*1	15.22	15.12	5.9	3.09	0.00
CHIP, CORN WG TOSTITO 2 oz	20 chips	5	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
POTATO:TATER TOTS 10 EA 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
CORN, CND LS WHL KERNEL A110	1/2 CUP	40	97	0	205	2.35	1.04	5.9	97	10.26	*N/A*	3.15	22.34	1.2	0.19	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 03/29/2017																
BROCCOLI, FRESH	1/2 CUP	60	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
APPLESAUCE, CND UNSWT	1/2 CUP	40	60	0	10	2.00	0.00	0.0	60	2.4	12	0.0	15.0	0.0	0.00	0.00
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	45	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00
ORANGE FRESH, 6-12	1 EACH	60	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	30	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	30	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM COMM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SOUR CREAM: MEADOW GOLD	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average % of Calories			689	54	1402	*8.90	*3.14	*548.2	*1296	*66.59	*36 *20.6%	31.84 18.5%	93.42 54.2%	21.86 28.6%	7.48 9.8%	*0.32 *0.4%
Nutrient Guideline			600-700		1360											<10.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/30/2017																
6-8 LUNCH	Total	100														
SAND HOT: GRILLED CHEESE K-12	1 EACH	5	270	25	700	4.00	1.44	230.0	320	0.0	5	13.0	32.0	11.0	5.00	0.00
CHILI w/BEEF & BEANS 6-12	1/2 CUP	5	226	39	484	7.00	3.77	57.1	459	6.07	*0	20.84	18.56	9.05	3.58	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	15	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	15	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	10	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	10	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:SUPREME :SCRATCH 6-12	1 SLICE	5	437	40	947	4.99	1.99	443.6	450	15.42	*3	24.34	39.36	19.93	10.00	*0.00
SAND COLD:TKY & CH WG SU B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	5	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	1	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: CHEF: 6-12	1 EACH	5	160	41	509	1.12	0.58	216.9	766	7.92	*2	17.91	4.67	8.31	4.94	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	20	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
POTATO: SWEET, FRIES	1/2 CUP	1	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	40	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	40	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
PEAR, FRESH K-12	1 EACH	40	101	0	2	5.52	0.32	16.0	45	7.65	17	0.64	27.11	0.25	0.04	*N/A*
CRAISINS, DRIED	1/4 CUP	40	130	0	0	3.00	0.00	0.0	0	0.0	*N/A*	0.0	33.0	0.0	0.00	0.00

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 03/30/2017																
PEACHES DICED CND IN JC, C LING	1/2 CUP	40	50	0	5	1.01	0.00	0.0	302	1.21	*N/A*	1.01	12.1	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	5	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING: LIGHT RANCH HEINZ	2 TBSP	30	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
SAUCE, SWEET & SOUR:scr K-12	1 OZ	15	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			658	49	1229	*10.02	*3.03	*526.4	*5814	*9.85	*28	29.72	94.13	18.40	6.43	*0.07
% of Calories											*17.3%	18.1%	57.3%	25.2%	8.8%	*0.1%
Nutrient Guideline			600-700		1360										<10.00	

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/31/2017																
6-8 LUNCH																
	Total	100														
MAC & CHEESE: scratch 9-12	1/3 CUP	10	134	3	326	0.49	0.01	159.3	70	0.41	*0	5.69	16.18	5.07	2.76	*0.00
SAND HOT:HOT DOG K-8	1 EACH	1	100	0	160	3.00	1.08	150.0	0	0.0	*0	6.0	17.0	1.0	0.00	0.00
CHICKEN: WG NUGGETS K-12	5 EACH	10	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
ROLL: SCRATCH K-12 1 OZ	1 OZ	10	88	0	219	1.57	0.83	14.1	106	0.11	*2	2.72	16.02	1.89	0.27	*0.00
SAND HOT:CHICKEN PATTY K-8	1 EACH	5	252	51	486	2.00	2.17	150.0	0	0.0	*0	20.27	24.04	8.62	2.04	0.00
SAND HOT: WG BRD CHK PAT TY K-8	1 each	10	120	0	150	2.00	1.44	150.0	0	0.0	*0	5.0	22.0	1.5	0.00	0.00
SAND HOT: HAMBURGER K-8	1 EACH	5	258	35	436	2.99	3.22	189.5	99	0.0	*N/A*	17.84	23.98	9.4	3.46	0.49
SAND HOT: CHEESBURGER K-8	1 EACH	20	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
CORN DOG: CHICKEN - Granite	1 EACH	1	240	40	390	5.00	1.80	80.0	25	0.0	5	9.0	30.0	8.0	2.50	0.00
PIZZA:PEPPERONI:SCRATCH 6-12	1 SLICE	5	425	44	932	3.64	1.46	427.1	362	3.38	2	24.21	35.88	19.84	10.50	0.00
PIZZA:CHEESE:SCRATCH 6-12	1 SLICE	5	363	30	692	3.64	1.30	418.2	362	3.38	2	21.55	35.88	14.52	8.29	0.00
PIZZA:VEGGIE:SCRATCH 6-12	1 SLICE	5	379	30	817	4.50	1.74	428.6	448	14.68	3	22.01	37.79	15.49	8.42	0.00
SAND COLD:TKY & CH WG SUB B 6-12	1 EACH	5	316	54	909	3.00	1.43	87.6	175	0.0	5	26.86	30.66	10.05	3.86	0.00
SAND COLD:HAM/CH/ WG SUB 6-12	1 EACH	1	275	41	713	3.00	0.83	87.6	175	0.0	5	16.52	32.19	10.75	4.63	0.00
SAND COLD:COMBO HAM TK 6-12	1 EACH	5	295	49	816	3.00	1.07	87.6	176	0.0	5	21.19	31.79	10.69	4.43	0.00
SAND COLD:BEEF ROAST SU B 6-12	1 EACH	1	276	37	882	3.00	1.69	87.6	167	0.0	4	19.33	31.4	9.35	3.63	0.00
NACHOS:BEEF & CHEESE 9-12	EACH	5	396	52	807	2.79	2.07	207.0	646	0.07	*0	21.58	36.08	20.46	9.25	*0.00
TACO, BEEF:SOFT 6-12	1 EACH	5	349	51	818	1.96	2.85	224.8	633	0.0	*0	22.1	26.47	19.23	9.75	*0.00
TACO, CHICKEN:SOFT 6-12	1 EACH	1	327	45	602	*2.31	*2.06	*131.5	*153	*3.53	*1	19.72	25.29	16.21	5.34	*0.00
SALAD ENT:TACO, BEEF 6-12	1 EACH	1	299	27	655	4.45	2.55	214.5	1549	13.61	*2	11.52	34.32	13.52	7.36	*0.00
SALAD ENT: VEGETARIAN: 6-12	1 EACH	5	157	15	201	5.18	1.73	249.0	774	8.89	*1	12.0	12.91	6.26	4.08	*0.00
BREADSTICK, SCRATCH 2 oz K-12	2 OZ	5	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
POTATO: SWEET, FRIES	1/2 CUP	1	173	0	147	4.00	0.48	26.7	4667	8.0	9	1.33	29.33	6.0	0.00	0.00
POTATO:TATER TOTS 10 EA 0 0215	10 EACH	40	164	0	390	2.52	0.00	0.0	0	4.53	0	2.52	20.13	7.55	1.26	0.00
RICE, CILANTRO LIME 6-12	1/4 cup	5	55	1	273	0.67	0.22	4.6	13	0.67	*0	1.3	9.49	1.46	0.08	*0.00
BEANS REFRIED:veg K-12	1/2 CUP	5	112	0	136	5.22	1.91	42.7	165	2.42	1	7.12	20.49	0.08	0.01	*0.00
POTATO: SWEET, FRIES CRIS S CUT	5 fries	1	140	0	160	2.00	0.36	20.0	2999	4.8	*N/A*	1.0	21.0	6.0	1.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	50	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
FRUIT MIX CND IN LT SYR 25448	1/2 CUP	40	80	0	5	1.00	0.00	0.0	200	1.2	*N/A*	1.0	18.03	0.0	0.00	0.00
CELERY STICKS, 4"	6 EACH	40	10	0	50	1.00	0.36	20.0	100	3.6	*N/A*	0.0	2.0	0.0	0.00	*N/A*

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 03/31/2017																
CLEMENTINE	1 each	60	35	0	1	1.00	0.18	20.0	0	36.0	*N/A*	1.0	9.0	0.0	0.00	0.00
APRICOTS, DICE CND PLD LT SYR	1/2 CUP	1	62	0	3	2.00	0.38	13.0	1601	5.0	0	0.76	15.76	0.14	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
JUICE: 100% APPLE	4 oz	1	50	0	10	0.00	0.00	0.0	60	1.2	12	0.0	13.0	0.0	0.00	0.00
KETCHUP:CHEF MARK COMM ODITY	1/2 OZ	20	13	0	158	0.00	*N/A*	*N/A*	250	*N/A*	*N/A*	0.0	3.34	0.0	0.00	0.00
MUSTARD, YELLOW PREP VE NTURA	1/2 OZ	20	14	0	170	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
SALSA,CND LOW SODIUM CO MM A237	1/8 CUP	10	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
DRESSING SALAD: (MAYO TYPE)	1 TBSP	10	60	10	120	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	5.0	1.00	0.00
DRESSING; LIGHT RANCH HEINZ	2 TBSP	20	43	0	255	0.94	0.00	0.0	24	0.0	5	0.0	6.61	1.89	0.00	0.00
DRESSING SALAD: CA FRENC H FF	2 TBSP	10	30	0	310	0.00	0.00	0.0	0	0.0	*N/A*	0.0	9.0	0.0	0.00	0.00
DRESSING SALAD:FF ITAL KE N 807	2 TBSP	10	10	0	490	0.00	0.00	0.0	0	0.0	*N/A*	0.0	3.0	0.0	0.00	0.00
DRESSING SALAD 1000 ISLAND SAUCE, SWEET & SOUR:scr K-12	2 TBSP	10	61	8	104	0.00	0.00	0.0	0	0.0	*N/A*	0.0	2.0	6.0	1.00	0.00
	1 OZ	5	32	0	41	0.01	0.01	0.2	35	0.67	*7	0.0	8.32	0.0	0.00	*0.00
SOUR CREAM: MEADOW GOLD	2 TBSP	1	60	15	50	0.00	0.00	20.2	101	0.0	1	1.01	2.02	5.04	3.02	0.00
Weighted Daily Average			602	45	1235	*6.57	*2.71	*554.4	*1137	*29.76	*20	29.52	77.59	18.93	6.68	*0.12
% of Calories											*13.2%	19.6%	51.6%	28.3%	10.0%	*0.2%
Nutrient Guideline			600-700		1360											<10.00
Weighted Average			647	*51	1298	*8.53	*3.10	*550.0	*3130	*28.64	*33	30.90	87.97	19.32	6.71	*0.13
											*45.4%	19.1%	54.4%	26.9%	9.3%	*0.2%

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**Granite School District**

**Mar 1, 2017 thru Mar 31, 2017**

Base Menu Spreadsheet

6-8 LUNCH

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	647		600 - 700	100%													
Cholesterol (mg)	51				Missing												
Sodium (mg)	1298		1360														
Fiber (g)	8.53				Missing												
Iron (mg)	3.10				Missing												
Calcium (mg)	550.0				Missing												
Vitamin A (IU)	3130				Missing												
Sugars (g)	33	20.18%			Missing												
Vitamin C (mg)	28.64				Missing												
Protein (g)	30.90	19.10%															
Carbohydrate (g)	87.97	54.36%															
Total Fat (g)	19.32	26.86%															
Saturated Fat (g)	6.71	9.33%		<10.00%													
Trans Fat <sup>1</sup> (g)	0.13	0.18%			Missing												

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