

# Granite School District

Apr 1, 2017 thru Apr 30, 2017

## Base Menu Spreadsheet

Afterschool Supper Program

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 04/03/2017</b>																
Afterschool Supper Program	Total	100														
SAND: CHICKEN PULLED BBQ 7-12	1 sandwich	100	99	44	124	0.07	*0.55	*0.1	31	*0.13	*0	14.79	1.66	3.68	1.10	*0.00
POTATO FRENCH FRIES	1/2 cup	1	80	0	20	1.00	0.00	0.0	0	3.59	*N/A*	2.0	13.97	2.5	0.00	0.00
PINEAPPLE TIDBITS CND IN JUICE	1/2 CUP	100	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00
CAULIFLOWER FRESH	1/2 CUP	100	13	0	15	1.00	0.21	11.0	0	24.1	1	0.96	2.49	0.14	0.07	*N/A*
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			275	51	313	1.08	*0.76	*314.2	593	*30.03	*28 *41.4%	23.85 34.7%	34.12 49.6%	4.85 15.9%	1.77 5.8%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

<b>Tue - 04/04/2017</b>																
Afterschool Supper Program	Total	100														
CHICKEN, FAJITA 6-8	1 EACH	100	130	51	602	1.22	0.60	14.5	138	25.99	4	18.09	8.77	2.14	0.03	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
ORANGE FRESH, 6-12	1 EACH	100	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
BEANS, BLACK CND DRND:veg	1/2 CUP	80	100	0	140	6.00	2.70	40.0	10	0.0	2	7.0	18.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
SALSA,CND LOW SODIUM COMM A237	1/8 CUP	50	11	0	35	0.45	0.71	3.5	173	1.26	*N/A*	0.47	2.2	0.06	0.01	0.00
Weighted Daily Average % of Calories			378	58	893	8.55	3.21	389.7	954	79.39	*30 *32.2%	32.91 34.8%	52.96 56.0%	3.28 7.8%	0.65 1.5%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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# Granite School District

Apr 1, 2017 thru Apr 30, 2017

Base Menu Spreadsheet

Afterschool Supper Program

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/05/2017																
Afterschool Supper Program	Total	100														
SAND HOT:BEEF, FRENCH DIP 6-12	1 EACH	100	253	35	1413	3.00	2.10	175.9	15	0.0	*3	22.41	32.0	5.66	1.39	*0.00
PEARS DICED CND, OREGON TRAIL	1/2 CUP	100	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00
BEANS, GREEN CND COMM A061	1/2 CUP	1	0	0	9	0.05	0.02	0.5	7	0.06	*N/A*	0.02	0.1	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			420	42	1575	6.00	2.10	478.9	565	5.29	*28 *26.4%	30.50 29.0%	63.40 60.3%	6.66 14.2%	1.99 4.3%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

Thu - 04/06/2017																
Afterschool Supper Program	Total	100														
MAC & CHEESE:scratch 9-12 half	1/2 CUP	1	202	5	488	0.74	0.01	238.9	105	0.61	*0	8.54	24.26	7.6	4.14	*0.00
CHICKEN: WG NUGGETS K-12	5 EACH	100	263	25	401	2.50	2.25	25.0	125	0.0	1	16.28	16.28	15.03	2.50	0.00
APPLE WHOLE:125-138ct	1 EACH	100	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	100	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			512	32	633	8.97	3.38	377.5	12458	12.35	*36 *28.1%	24.98 19.5%	65.86 51.4%	16.20 28.5%	3.16 5.6%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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Apr 1, 2017 thru Apr 30, 2017

## Base Menu Spreadsheet

Afterschool Supper Program

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/07/2017																
Afterschool Supper Program	Total	1														
TURKEY & GRAVY- K-5	2 oz (cooked)	1	160	48	844	0.03	0.00	2.3	0	0.11	*0	18.31	8.25	6.25	2.08	*0.00
POTATO:MASHED, instant	1/2 CUP	1	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	90	0	110	*1.32	*0.81	*6.4	*0	*0.69	*2	2.47	16.38	2.04	0.27	*0.00
BROCCOLI, FRESH	1/2 CUP	1	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
JUICE APPLE 100% W/ VIT C	1 EACH	1	60	*N/A*	0	*N/A*	0.18	10.0	*N/A*	60.0	*N/A*	0.0	13.0	0.0	*N/A*	*N/A*
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMMOO	1 HALF PINT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			621	*63	1372	*3.29	*1.60	*663.3	*1287	*127.66	*34 *22.0%	39.76 25.6%	87.49 56.4%	11.76 17.0%	*3.87 *5.6%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

Mon - 04/10/2017																
Afterschool Supper Program	Total	100														
CHICKEN PARMESAN K-5	1 EACH	100	331	33	550	3.21	2.08	147.0	249	1.22	*1	20.21	19.0	18.46	4.60	*0.00
PASTA: SPAGHETTI WW Dinner	1/2 CUP	100	76	0	4	2.29	0.55	4.3	0	0.0	*0	2.67	15.65	0.57	0.00	*0.00
ORANGE FRESH, 6-12	1 EACH	100	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
CARROTS, BABY FRESH	1/2 CUP	100	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
MILK CHOCOLATE FAT FREE TRUMMOO	1 HALF PINT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			600	40	782	10.27	3.49	519.8	12698	56.24	*26 *17.4%	32.41 21.6%	70.27 46.9%	20.25 30.4%	5.23 7.8%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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Tue - 04/11/2017																
Afterschool Supper Program	Total	1														
SALISBURY STEAK/GRAVY 6-12	1 EACH	1	256	55	2004	0.00	1.44	25.5	100	1.2	*0	18.32	23.26	10.0	4.00	*0.50
POTATO:MASHED, instant	1/2 CUP	1	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	90	0	110	*1.32	*0.81	*6.4	*0	*0.69	*2	2.47	16.38	2.04	0.27	*0.00
PEAS GREEN	1/2 CUP	1	62	0	58	4.40	1.22	19.2	1680	7.92	4	4.12	11.41	0.22	0.04	*N/A*
PEARS DICED CND, OREGON TRAIL	1/2 CUP	1	50	0	0	3.00	0.00	0.0	45	3.6	9	0.0	14.0	0.0	0.00	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average			757	70	2576	*9.73	*3.82	*678.0	*2958	*41.99	*46	42.79	112.37	15.58	5.82	*0.50
% of Calories											*24.3%	22.6%	59.4%	18.5%	6.9%	*0.6%
Nutrient Guideline			600		1230											<10.00

Wed - 04/12/2017																
Afterschool Supper Program	Total	100														
TACO BEEF SOFT:scratch Sec	1 EACH	100	154	17	328	2.00	0.83	182.9	168	0.0	*0	7.41	15.82	7.04	3.69	*0.00
BEANS REFRIED CND:m/ma - K-12	1/2 CUP	100	110	0	120	5.00	1.80	40.0	5	2.4	1	7.0	20.0	0.0	0.00	0.00
BANANAS:100-120ct	1 EACH	100	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
CUCUMBER, WITH PEEL, RAW SLICE	1/4 CUP	1	6	0	1	0.18	0.10	5.9	39	1.03	1	0.24	1.33	0.04	0.01	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			486	24	611	10.07	2.94	531.9	754	14.37	*31	23.78	80.19	8.43	4.42	*0.00
% of Calories											*25.7%	19.6%	66.0%	15.6%	8.2%	*0.0%
Nutrient Guideline			600		1230											<10.00

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Thu - 04/13/2017																
Afterschool Supper Program	Total	100														
SAND HOT: CTRY FRIED STEAK	1 EACH	100	420	50	600	4.00	3.24	170.0	0	0.0	*N/A*	20.0	38.0	21.5	6.00	1.00
POTATO FRENCH FRIES	1/2 cup	100	80	0	20	1.00	0.00	0.0	0	3.59	*N/A*	2.0	13.97	2.5	0.00	0.00
PINEAPPLE TIDBITS CND IN J UICE	1/2 CUP	80	45	0	11	0.00	0.00	0.0	57	4.07	11	0.0	12.43	0.0	0.00	0.00
BROCCOLI, FRESH	1/2 CUP	1	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	60	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			653	57	791	5.01	3.24	473.3	553	8.93	*25 *15.2%	30.09 18.4%	79.35 48.6%	25.00 34.4%	6.60 9.1%	1.00 1.4%
Nutrient Guideline			600		1230											<10.00

Fri - 04/14/2017																
Afterschool Supper Program	Total	1														
SPAGHETTI & MEAT SAUCE 9-12	1 CUP	1	390	51	482	8.11	3.66	30.2	332	7.39	*10	26.36	47.72	12.86	4.69	*0.00
CORN, YELLOW WHOLE CKD FRZ	1/2 CUP	1	66	0	1	2.00	0.39	2.0	163	2.9	0	2.09	15.83	0.55	0.08	0.00
APPLE WHOLE:125-138ct	1 EACH	1	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
ORANGE MANDARIN CND-Granite	1/2 CUP	1	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			868	66	817	15.11	4.78	677.3	1903	43.31	*77 *35.6%	45.58 21.0%	141.89 65.4%	15.91 16.5%	6.27 6.5%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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<b>Mon - 04/17/2017</b>																
Afterschool Supper Program	Total	1														
SAND HOT: CHEESBURGER K-8	1 EACH	1	356	53	692	4.00	3.24	295.9	172	0.0	5	21.53	34.01	16.56	6.53	0.50
POTATO TATER TOTS OIF002	2.5 OZ	1	133	0	309	1.67	0.30	0.0	0	3.0	*N/A*	1.67	16.68	5.84	0.83	0.00
15 3oz																
ORANGE MANDARIN CND-Granite	1/2 CUP	1	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00
JUICE APPLE 100% W/ VIT C	1 EACH	1	60	*N/A*	0	*N/A*	0.18	10.0	*N/A*	60.0	*N/A*	0.0	13.0	0.0	*N/A*	*N/A*
MILK CHOCOLATE FAT FREE	1 HALF P	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
TRUMOO	INT															
MILK WHITE 1% LF, MEADOW	1 HALF P	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
GOLD	INT															
Weighted Daily Average			861	*68	1334	*6.67	4.08	931.0	*1480	87.62	*53	40.33	117.03	24.89	*8.87	*0.50
% of Calories											*24.5%	18.7%	54.4%	26.0%	*9.3%	*0.5%
Nutrient Guideline			600		1230										<10.00	

<b>Tue - 04/18/2017</b>																
Afterschool Supper Program	Total	1														
CHICKEN,ASIAN ORNG:w/RICE	servings	1	400	34	344	3.35	2.03	25.4	175	3.89	*10	15.75	47.45	16.66	2.84	*0.00
K-12																
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
ORANGE FRESH, 6-12	1 EACH	1	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	*N/A*
BROCCOLI, FRESH	1/2 CUP	1	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
MILK WHITE 1% LF, MEADOW	1 HALF P	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
GOLD	INT															
MILK CHOCOLATE FAT FREE	1 HALF P	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
TRUMOO	INT															
Weighted Daily Average			695	49	673	7.01	2.52	692.5	1794	98.80	*50	34.18	95.37	19.46	4.37	*0.00
% of Calories											*28.9%	19.7%	54.9%	25.2%	5.7%	*0.0%
Nutrient Guideline			600		1230										<10.00	

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# Granite School District

Apr 1, 2017 thru Apr 30, 2017

## Base Menu Spreadsheet

Afterschool Supper Program

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 04/19/2017																
Afterschool Supper Program	Total	100														
MEATLOAF W/ CHEESE DINNER	1 PIECE	100	190	40	390	1.00	1.44	60.0	200	9.0	5	11.0	8.0	12.0	6.00	0.50
POTATO:MASHED, instant	1/2 CUP	100	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
ROLL, WW DINNER 1 oz - scratch	1 OZ	1	90	0	110	*1.32	*0.81	*6.4	*0	*0.69	*2	2.47	16.38	2.04	0.27	*0.00
PEACHES DICED CND IN JC, C LING	1/2 CUP	100	50	0	5	1.01	0.00	0.0	302	1.21	*N/A*	1.01	12.1	0.0	0.00	0.00
CAULIFLOWER FRESH	1/2 CUP	60	13	0	15	1.00	0.21	11.0	0	24.1	1	0.96	2.49	0.14	0.07	*N/A*
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	40	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			358	44	550	*3.42	*1.86	*208.6	*712	*49.65	*11 *12.7%	17.49 19.5%	40.76 45.5%	13.90 35.0%	6.64 16.7%	*0.50 *1.3%
Nutrient Guideline			600		1230											<10.00

Thu - 04/20/2017																
Afterschool Supper Program	Total	1														
CHILI w/BEEF & BEANS 6-12	1/2 CUP	1	226	39	484	7.00	3.77	57.1	459	6.07	*0	20.84	18.56	9.05	3.58	*0.00
ROLL: SCRATCH K-12 2 OZ	2 OZ	1	174	0	337	2.99	1.59	26.1	106	0.16	*3	5.34	31.5	3.74	0.54	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
APPLE WHOLE:125-138ct	1 EACH	1	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			734	54	1136	14.21	5.79	711.2	1794	19.22	*53 *28.8%	42.47 23.1%	108.78 59.3%	15.31 18.8%	5.62 6.9%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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**Granite School District**

**Apr 1, 2017 thru Apr 30, 2017**

Base Menu Spreadsheet

Afterschool Supper Program

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 04/21/2017																
Afterschool Supper Program	Total	1														
SALAD ENT TACO w/BEEF:G912	1 salad	1	311	41	663	4.53	3.28	287.9	962	5.43	*0	18.19	33.69	11.43	4.86	0.00
CHIP, CORN WG TOSTITO 2 oz	22 chips	1	243	0	283	4.05	0.73	40.5	0	0.0	0	4.05	44.55	6.07	1.01	0.00
FRUIT MIX,CND/EXLT SYR DEL MON	1/2 CUP	1	60	0	5	1.00	0.36	0.0	100	3.6	12	0.0	15.0	0.0	0.00	0.00
CELERY STICKS, 4"	6 EACH	1	10	0	50	1.00	0.36	20.0	100	3.6	*N/A*	0.0	2.0	0.0	0.00	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			856	56	1315	10.58	4.73	953.5	2171	16.25	*42 *19.8%	38.37 17.9%	128.58 60.1%	20.00 21.0%	7.38 7.8%	*0.00 *0.0%
Nutrient Guideline			600		1230										<10.00	

Mon - 04/24/2017																
Afterschool Supper Program	Total	1														
SAND HOT:CHICKEN MALIBU 6 -12	1 EACH	1	63	19	289	0.00	0.09	109.4	108	0.0	1	5.55	1.12	4.36	2.68	0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
APPLESAUCE CND UNSWT C OM 01350	1/2 CUP	1	60	0	10	2.00	1.44	0.0	0	2.4	*N/A*	0.0	15.03	0.0	0.00	0.00
CARROTS, BABY FRESH	1/2 CUP	1	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			387	35	680	4.67	2.37	744.5	12964	9.24	*31 *31.9%	22.38 23.1%	56.80 58.7%	6.99 16.3%	4.20 9.8%	0.00 0.0%
Nutrient Guideline			600		1230										<10.00	

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# Granite School District

Apr 1, 2017 thru Apr 30, 2017

## Base Menu Spreadsheet

Afterschool Supper Program

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 04/25/2017																
Afterschool Supper Program	Total	1														
WOF: Chx Teriyaki Bowl K-5	3/4 Cup	1	292	40	560	1.57	1.08	0.5	64	0.0	*13	17.24	41.45	6.64	1.35	*0.00
BROCCOLI, FRESH	1/2 CUP	1	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.01	0.00
APRICOTS, DICE CND PLD LT SYR	1/2 CUP	1	62	0	3	2.00	0.38	13.0	1601	5.0	0	0.76	15.76	0.14	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			601	55	891	4.72	1.78	639.2	2947	47.87	*44 *29.1%	35.37 23.5%	93.47 62.2%	9.45 14.1%	2.86 4.3%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

Wed - 04/26/2017																
Afterschool Supper Program	Total	1														
SPAGHETTI & MEAT SAUCE 9-12	1 CUP	1	390	51	482	8.11	3.66	30.2	332	7.39	*10	26.36	47.72	12.86	4.69	*0.00
SALAD SIDE:GREENS - GRANITE	1 CUP	1	2	0	1	0.21	0.07	3.0	121	0.97	*N/A*	0.15	0.38	0.03	0.00	0.00
APPLE WHOLE:125-138ct	1 EACH	1	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			724	66	797	12.33	4.09	658.3	1561	20.37	*59 *32.7%	42.64 23.5%	106.44 58.8%	15.39 19.1%	6.19 7.7%	*0.00 *0.0%
Nutrient Guideline			600		1230											<10.00

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# Granite School District

Apr 1, 2017 thru Apr 30, 2017

## Base Menu Spreadsheet

Afterschool Supper Program

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 04/27/2017																
Afterschool Supper Program	Total	1														
ALFREDO: CHICKEN	1 CUP	1	423	115	1075	4.54	2.58	108.6	972	23.33	*0	37.85	39.58	12.96	2.43	*0.00
CARROTS, BABY FRESH	1/2 CUP	1	30	0	66	2.46	0.77	27.0	11727	2.25	0	0.54	6.93	0.1	0.02	0.00
ORANGE MANDARIN CND-Granite	1/2 CUP	1	80	0	20	1.00	0.36	20.0	300	21.0	18	1.0	20.0	0.0	0.00	0.00
CUCUMBER, WITH PEEL, RAW SLICE	1/4 CUP	1	6	0	1	0.18	0.10	5.9	39	1.03	1	0.24	1.33	0.04	0.01	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			770	130	1475	8.18	3.80	766.5	14046	51.23	*49	55.76	101.19	15.60	3.96	*0.00
% of Calories											*25.7%	29.0%	52.5%	18.2%	4.6%	*0.0%
Nutrient Guideline			600		1230											<10.00

Fri - 04/28/2017																
Afterschool Supper Program	Total	1														
COUNTRY FRIED STEAK 6-12	1 EACH	1	300	50	450	2.00	1.80	20.0	0	0.0	*N/A*	15.0	16.0	20.0	6.00	1.00
POTATO:MASHED, instant	1/2 CUP	1	64	0	91	0.80	0.29	18.8	4	24.0	1	1.6	13.6	0.8	0.00	*0.00
GRAVY, BROWN LEGOUT ACAD	OUNCE	1	10	0	133	0.00	0.00	0.7	0	0.0	*0	0.0	1.96	0.0	0.00	*0.00
BEANS GREEN	1/2 CUP	1	22	0	1	2.00	0.41	27.5	438	6.06	1	1.18	4.93	0.18	0.04	0.00
JUICE APPLE 100% W/ VIT C	1 EACH	1	60	*N/A*	0	*N/A*	0.18	10.0	*N/A*	60.0	*N/A*	0.0	13.0	0.0	*N/A*	*N/A*
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			688	*65	988	*4.80	2.67	682.1	*1450	93.68	*32	33.92	82.83	23.47	*7.54	*1.00
% of Calories											*18.7%	19.7%	48.2%	30.7%	*9.9%	*1.3%
Nutrient Guideline			600		1230											<10.00

Weighted Average			612	*56	1010	*7.73	*3.15	*604.6	*3782	*45.68	*39	34.48	85.96	14.62	*4.87	*0.17
											*57.9%	22.5%	56.2%	21.5%	*7.2%	*0.3%

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**Granite School District**

**Apr 1, 2017 thru Apr 30, 2017**

Base Menu Spreadsheet

Afterschool Supper Program

Portion Values - Detailed

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	612		600	102%													
Cholesterol (mg)	56				Missing												
Sodium (mg)	1010		1230														
Fiber (g)	7.73				Missing												
Iron (mg)	3.15				Missing												
Calcium (mg)	604.6				Missing												
Vitamin A (IU)	3782				Missing												
Sugars (g)	39	25.72%			Missing												
Vitamin C (mg)	45.68				Missing												
Protein (g)	34.48	22.53%															
Carbohydrate (g)	85.96	56.16%															
Total Fat (g)	14.62	21.49%															
Saturated Fat (g)	4.87	7.16%	<10.00%		Missing												
Trans Fat <sup>1</sup> (g)	0.17	0.26%			Missing												

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