

# Junior High Lunch

## Week of March 20<sup>th</sup>-24<sup>th</sup>

Our menus are aligned with the USDA's Healthier US School Challenge.



### DAILY SPECIALS

- MONDAY** Spicy Buffalo Wrap
- TUESDAY** Southwestern Chicken Sandwich on Bun
- WEDNESDAY** Green Chicken Pita  
Sweet Potato Fries
- THURSDAY** NO SCHOOL
- FRIDAY** NO SCHOOL



**EVERYDAY CHOICES**  
Variety of Fresh Salads.  
*All sandwiches served on WW Bread*

### THIS WEEK'S DAILY SPECIALS **SP**

- MONDAY** Chicken & Cheese / Ham & Cheese / Combo / Roast Beef
- TUESDAY** Chicken & Cheese / Ham & Cheese / Combo / Roast Beef
- WEDNESDAY** Chicken & Cheese / Ham & Cheese / Combo / Roast Beef
- THURSDAY** NO SCHOOL
- FRIDAY** NO SCHOOL



This Week's Feature:



Built the way you like it – South of the Border Bar  
Choose From:, Soft Shell Tacos, or Nachos Supreme

**EVERYDAY SIDES:** *Cilantro Lime Rice & Refried Beans*



**A MINIMUM OF 4-6 SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety  
Locally Grown items are offered whenever seasonally available  
Low Fat or Fat Free Chocolate Milk included with all meals



**EVERYDAY CHOICES**  
Pepperoni & Cheese  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*

### THIS WEEK'S DAILY SPECIALS

- MONDAY** Sausage
- TUESDAY** Hawaiian
- WEDNESDAY** Meat Lovers
- THURSDAY** NO SCHOOL
- FRIDAY** NO SCHOOL



**EVERYDAY CHOICES**  
Flame Broiled Beef Patty,  
Chicken & Vegetarian Choices

Looking for part time work while your kids are in school?  
Consider applying as a Cafeteria Helper or Substitute!  
Call 385-646-4105 for more information.



**Vegetarian**

**Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.