

## Junior High Lunch Week of March 6th-10th

Our menus are aligned with the USDA's Healthier US School Challenge.



### DAILY SPECIALS

- MONDAY** Salisbury Steak w/ Potatoes & Gravy & Breadstick
- TUESDAY** Teriyaki Chicken w/ Brown Rice & Egg Roll
- WEDNESDAY** Sloppy Joe on Kaiser  
**Sweet Potato Fries**
- THURSDAY** Pizza Crunchers
- FRIDAY** Rib-B-Q Sandwich on Kaiser



**EVERYDAY CHOICES**  
Variety of Fresh Salads.  
*All sandwiches served on WW Bread*

### THIS WEEK'S DAILY SPECIALS **SP**

- MONDAY** Chicken & Cheese /Ham & Cheese/ Combo/ Roast Beef
- TUESDAY** Chicken & Cheese /Ham & Cheese/ Combo/ Roast Beef
- WEDNESDAY** Chicken & Cheese /Ham & Cheese/ Combo/ Roast Beef
- THURSDAY** Chicken & Cheese /Ham & Cheese/ Combo/ Roast Beef
- FRIDAY** Chicken & Cheese /Ham & Cheese/ Combo/ Roast Beef



This Week's Feature:



Built the way you like it – South of the Border Bar  
Choose From:, Soft Shell Tacos, or Nachos Supreme

**EVERYDAY SIDES:** *Cilantro Lime Rice & Refried Beans*



**A MINIMUM OF 4-6 SIDES OFFERED DAILY WITH LUNCH CHOICES**  
Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety  
Locally Grown items are offered whenever seasonally available  
Low Fat or Fat Free Chocolate Milk included with all meals



**EVERYDAY CHOICES**  
Pepperoni & Cheese  
*All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.*

### THIS WEEK'S DAILY SPECIALS

- |                  |             |
|------------------|-------------|
| <b>MONDAY</b>    | Sausage     |
| <b>TUESDAY</b>   | Hawaiian    |
| <b>WEDNESDAY</b> | Meat Lovers |
| <b>THURSDAY</b>  | Supreme     |
| <b>FRIDAY</b>    | Vegetable   |



**EVERYDAY CHOICES**  
Flame Broiled Beef Patty,  
Chicken & Vegetarian Choices

Looking for part time work while your kids are in school?  
Consider applying as a Cafeteria Helper or Substitute!  
Call 385-646-1105 for more information.



**Vegetarian**

**Smart Pick**

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.