

Junior High Lunch

Week of March 27th-31

Our menus are aligned with the USDA's Healthier US School Challenge.



DAILY SPECIALS

MONDAY NO SCHOOL
 TUESDAY NO SCHOOL
 WEDNESDAY NO SCHOOL
 THURSDAY NO SCHOOL
 FRIDAY NO SCHOOL



EVERYDAY CHOICES
 Variety of Fresh Salads.
All sandwiches served on WW Bread

THIS WEEK'S DAILY SPECIALS **SP**

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This Week's Feature:



Built the way you like it – South of the Border Bar
 Choose From:, Soft Shell Tacos, or Nachos Supreme

EVERYDAY SIDES: *Cilantro Lime Rice & Refried Beans*



A MINIMUM OF 4-6 SIDES OFFERED DAILY WITH LUNCH CHOICES
 Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety
 Locally Grown items are offered whenever seasonally available
 Low Fat or Fat Free Chocolate Milk included with all meals



EVERYDAY CHOICES
 Pepperoni & Cheese
All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.

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EVERYDAY CHOICES
 Flame Broiled Beef Patty,
 Chicken & Vegetarian Choices

Looking for part time work while your kids are in school?
 Consider applying as a Cafeteria Helper or Substitute!
 Call 385-646-4105 for more information.



Vegetarian

Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.