

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/01/2017																
Breakfast in the Classroom	Total	2														
BREAKFAST ON A STICK K-12	1 EACH	2	202	25	313	3.03	1.82	20.2	20	0.0	4	7.07	17.17	10.1	2.53	0.00
BANANAS REGULAR:100-120ct	1 EACH	2	121	0	1	3.54	0.35	6.8	87	11.83	*N/A*	1.48	31.06	0.45	0.15	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			439	33	471	6.57	2.17	329.5	611	13.64	*19 *17.5%	16.62 15.1%	64.90 59.1%	11.80 24.2%	3.43 7.0%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/02/2017																
Breakfast in the Classroom	Total	2														
ROLL: CINNAMON SUPER BAKERY	1 ROLL	2	230	15	250	2.00	1.44	60.0	80	0.0	16	5.0	37.0	7.0	2.00	0.00
CHEESE STICK, MOZZ 59703 A CAD	1 OZ	1	60	10	210	0.00	0.00	240.0	200	0.0	*N/A*	8.0	1.0	2.5	2.00	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			406	28	512	2.99	1.44	502.4	684	22.70	*37 *36.6%	17.07 16.8%	61.13 60.3%	9.50 21.1%	3.75 8.3%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 03/03/2017																
Breakfast in the Classroom	Total	2														
BIC: BAGEL-FUL STRAW & CC	1 EACH	2	180	5	160	3.00	1.80	20.0	100	2.4	6	6.0	32.0	3.0	1.50	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 2

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			406	13	334	3.00	1.80	352.5	1353	94.10	48 46.9%	14.07 13.9%	76.14 75.0%	4.25 9.4%	2.25 5.0%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/06/2017																
Breakfast in the Classroom	Total	2														
BREAKFAST: BERRY APPLE C RISP	1 bar	2	260	0	105	2.00	0.72	20.0	55	0.0	11	4.0	40.0	10.0	2.00	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INNER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			486	8	279	2.00	0.72	352.5	1308	91.70	53 43.3%	12.07 9.9%	84.14 69.3%	11.25 20.8%	2.75 5.1%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 03/07/2017																
Breakfast in the Classroom	Total	2														
BIC: FRUDEL IW	1 pouch	2	210	0	285	2.00	1.08	0.0	55	0.0	11	5.0	36.47	6.0	1.50	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			356	8	441	2.99	1.08	322.4	559	22.70	32 36.1%	13.06 14.7%	60.11 67.6%	7.25 18.3%	2.25 5.7%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/08/2017																
Breakfast in the Classroom	Total	2														
ROLL: CINNAMON SUPER BAKERY	1 ROLL	2	230	15	250	2.00	1.44	60.0	80	0.0	16	5.0	37.0	7.0	2.00	0.00
BANANAS REGULAR:100-120ct	1 EACH	2	121	0	1	3.54	0.35	6.8	87	11.83	*N/A*	1.48	31.06	0.45	0.15	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			467	23	408	5.54	1.79	369.3	671	13.64	*31	14.55	84.73	8.70	2.90	0.00
% of Calories											*26.7%	12.5%	72.6%	16.8%	5.6%	0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/09/2017																
Breakfast in the Classroom	Total	2														
BIC: BREAKFAST SLIDERS	1 EACH	2	150	25	280	2.00	1.80	100.0	100	0.0	8	8.0	21.0	4.5	1.50	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			296	33	437	2.99	1.80	422.4	604	22.70	29	16.07	44.63	5.75	2.25	0.00
% of Calories											39.4%	21.7%	60.3%	17.5%	6.8%	0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 03/10/2017																
Breakfast in the Classroom	Total	2														
BIC: MINI WAFFLES IW	1 POUCH	2	200	0	269	3.99	2.69	99.8	499	0.0	10	4.99	34.93	4.99	1.50	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTAINER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF PINT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF PINT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			425	8	443	3.99	2.69	432.3	1752	91.70	52	13.06	79.06	6.24	2.25	0.00
% of Calories											48.5%	12.3%	74.3%	13.2%	4.8%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/13/2017																
Breakfast in the Classroom	Total	2														
BIC- Cereal Bar-Cinnamon Toast	1 bar	2	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
BIC- Cocoa Puffs Cereal Bar	1 bar	1	2	0	6	0.03	0.02	2.1	1	0.01	0	0.03	0.31	0.03	0.01	0.00
CHEESE STICK, MOZZ 59703 A CAD	1 OZ	2	60	10	210	0.00	0.00	240.0	200	0.0	*N/A*	8.0	1.0	2.5	2.00	0.00
BIC JUICE: WHITE GRAPE	1 BOX	1	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INNER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			398	18	498	3.03	1.82	764.8	1204	61.74	*40	19.10	65.50	6.78	3.26	0.00
% of Calories											*40.0%	19.2%	65.9%	15.4%	7.4%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 03/14/2017																
Breakfast in the Classroom	Total	2														
BRKFAST WRAP: EGG/ CHEESE WG	1	2	192	202	426	0.00	0.96	1214.4	17151	0.0	0	10.65	14.91	5.33	4.26	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			338	210	583	0.99	0.96	1536.8	17655	22.70	21	18.72	38.55	6.58	5.01	0.00
% of Calories											25.0%	22.2%	45.7%	17.5%	13.4%	0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/15/2017																
Breakfast in the Classroom	Total	2														
BIC: MINI FRENCH TOAST IW	1 pouch	2	220	5	379	2.00	1.08	59.9	55	0.0	11	2.99	36.92	6.99	1.00	0.00
BANANAS:100-120ct	1 EACH	2	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			441	13	537	5.06	1.38	368.3	635	12.08	41 36.8%	12.35 11.2%	80.54 73.1%	8.62 17.6%	1.88 3.8%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/16/2017																
Breakfast in the Classroom	Total	2														
ROLL: CINNAMON SUPER BAKERY	1 ROLL	2	230	15	250	2.00	1.44	60.0	80	0.0	16	5.0	37.0	7.0	2.00	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			376	23	407	2.99	1.44	382.4	584	22.70	37 39.5%	13.07 13.9%	60.63 64.5%	8.25 19.8%	2.75 6.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 03/17/2017																
Breakfast in the Classroom	Total	2														
BIC: BAGEL-FUL STRAW & CC	1 EACH	2	180	5	160	3.00	1.80	20.0	100	2.4	6	6.0	32.0	3.0	1.50	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 6

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			406	13	334	3.00	1.80	352.5	1353	94.10	48	14.07	76.14	4.25	2.25	0.00
% of Calories											46.9%	13.9%	75.0%	9.4%	5.0%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/20/2017																
Breakfast in the Classroom	Total	2														
BREAKFAST: BERRY APPLE C RISP	1 bar	2	260	0	105	2.00	0.72	20.0	55	0.0	11	4.0	40.0	10.0	2.00	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA 1 HALF P 1 HALF P 1 HALF P 1 HALF P 1 HALF P	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO																
MILK WHITE 1% LF, MEADOW GOLD																
Weighted Daily Average			486	8	279	2.00	0.72	352.5	1308	91.70	53	12.07	84.14	11.25	2.75	0.00
% of Calories											43.3%	9.9%	69.3%	20.8%	5.1%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 03/21/2017																
Breakfast in the Classroom	Total	2														
BIC: BREAKFAST SLIDERS	1 EACH	2	150	25	280	2.00	1.80	100.0	100	0.0	8	8.0	21.0	4.5	1.50	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO																
MILK WHITE 1% LF, MEADOW GOLD																
Weighted Daily Average			296	33	437	2.99	1.80	422.4	604	22.70	29	16.07	44.63	5.75	2.25	0.00
% of Calories											39.4%	21.7%	60.3%	17.5%	6.8%	0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/22/2017																
Breakfast in the Classroom	Total	2														
BREAKFAST ON A STICK K-12	1 EACH	2	202	25	313	3.03	1.82	20.2	20	0.0	4	7.07	17.17	10.1	2.53	0.00
BANANAS REGULAR:100-120ct	1 EACH	2	121	0	1	3.54	0.35	6.8	87	11.83	*N/A*	1.48	31.06	0.45	0.15	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			439	33	471	6.57	2.17	329.5	611	13.64	*19 *17.5%	16.62 15.1%	64.90 59.1%	11.80 24.2%	3.43 7.0%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/23/2017																
Breakfast in the Classroom	Total	2														
BIC: MINI WAFFLES IW	1 POUCH	2	200	0	269	3.99	2.69	99.8	499	0.0	10	4.99	34.93	4.99	1.50	0.00
APPLE WHOLE:125-138ct	1 EACH	2	100	0	0	4.00	0.36	20.0	100	8.4	19	0.0	25.0	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			416	8	426	7.99	3.05	422.3	1103	10.21	44 42.5%	13.06 12.6%	76.60 73.7%	6.24 13.5%	2.25 4.9%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 03/24/2017																
Breakfast in the Classroom	Total	2														
SAND; BAGEL EGG CHEE	1 EACH	2	295	188	695	3.00	2.52	135.0	450	2.4	*0	14.5	40.0	8.5	4.00	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			521	195	869	3.00	2.52	467.5	1703	94.10	*42	22.57	84.14	9.75	4.75	0.00
% of Calories											*32.3%	17.3%	64.6%	16.8%	8.2%	0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 03/27/2017																
Breakfast in the Classroom	Total	2														
BIC- Cereal Bar-Cinnamon Toast	1 bar	2	151	0	116	3.02	1.81	201.3	0	0.0	8	3.02	30.19	3.02	0.50	0.00
BIC- Cocoa Puffs Cereal Bar	1 bar	1	2	0	6	0.03	0.02	2.1	1	0.01	0	0.03	0.31	0.03	0.01	0.00
CHEESE STICK, MOZZ 59703 A CAD	1 OZ	2	60	10	210	0.00	0.00	240.0	200	0.0	*N/A*	8.0	1.0	2.5	2.00	0.00
BIC JUICE: WHITE GRAPE	1 BOX	1	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INNER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			398	18	498	3.03	1.82	764.8	1204	61.74	*40	19.10	65.50	6.78	3.26	0.00
% of Calories											*40.0%	19.2%	65.9%	15.4%	7.4%	0.0%
Nutrient Guideline			400-500		540											<10.00

Tue - 03/28/2017																
Breakfast in the Classroom	Total	2														
BIC: BAGEL-FUL STRAW & CC	1 EACH	2	180	5	160	3.00	1.80	20.0	100	2.4	6	6.0	32.0	3.0	1.50	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average			326	13	317	3.99	1.80	342.4	604	25.10	27	14.07	55.63	4.25	2.25	0.00
% of Calories											33.3%	17.3%	68.3%	11.7%	6.2%	0.0%
Nutrient Guideline			400-500		540											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/29/2017																
Breakfast in the Classroom	Total	2														
BIC: MINI FRENCH TOAST IW	1 pouch	2	220	5	379	2.00	1.08	59.9	55	0.0	11	2.99	36.92	6.99	1.00	0.00
BANANAS:100-120ct	1 EACH	2	105	0	1	3.07	0.31	5.9	76	10.27	14	1.29	26.95	0.39	0.13	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			441	13	537	5.06	1.38	368.3	635	12.08	41 36.8%	12.35 11.2%	80.54 73.1%	8.62 17.6%	1.88 3.8%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 03/30/2017																
Breakfast in the Classroom	Total	2														
ROLL: CINNAMON SUPER BAKERY	1 ROLL	2	230	15	250	2.00	1.44	60.0	80	0.0	16	5.0	37.0	7.0	2.00	0.00
BIC APPLE SLICES	2 OZ BAG	2	30	0	0	0.99	0.00	19.9	0	20.89	6	0.0	6.96	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			376	23	407	2.99	1.44	382.4	584	22.70	37 39.5%	13.07 13.9%	60.63 64.5%	8.25 19.8%	2.75 6.6%	0.00 0.0%
Nutrient Guideline			400-500		540											<10.00

Fri - 03/31/2017																
Breakfast in the Classroom	Total	2														
BIC: MINI WAFFLES IW	1 POUCH	2	200	0	269	3.99	2.69	99.8	499	0.0	10	4.99	34.93	4.99	1.50	0.00
BIC JUICE: WHITE GRAPE	1 BOX	2	80	0	10	0.00	0.00	20.0	499	59.93	20	0.0	19.98	0.0	0.00	0.00
BIC JUICE: ORANGE TANGERINE	1 CONTA INER	1	60	0	15	0.00	0.00	20.0	499	59.93	13	0.0	14.98	0.0	0.00	0.00
MILK CHOCOLATE FAT FREE TRUMOO	1 HALF P INT	1	122	5	183	0.00	0.00	305.1	508	1.22	18	8.14	20.34	0.0	0.00	0.00
MILK WHITE 1% LF, MEADOW GOLD	1 HALF P INT	1	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Granite School District

Mar 1, 2017 thru Mar 31, 2017

Base Menu Spreadsheet

Breakfast in the Classroom

Portion Values - Detailed

Page 10

Generated on: 2/23/2017 2:24:33 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			425	8	443	3.99	2.69	432.3	1752	91.70	52	13.06	79.06	6.24	2.25	0.00
% of Calories											48.5%	12.3%	74.3%	13.2%	4.8%	0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			407	34	451	3.77	1.75	468.4	1699	44.86	*38 *83.6%	15.04 14.8%	68.35 67.2%	7.75 17.1%	2.82 6.2%	0.00 0.0%
------------------	--	--	-----	----	-----	------	------	-------	------	-------	---------------	----------------	----------------	---------------	--------------	--------------

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	407		400 - 500	100%				
Cholesterol (mg)	34							
Sodium (mg)	451		540					
Fiber (g)	3.77							
Iron (mg)	1.75							
Calcium (mg)	468.4							
Vitamin A (IU)	1699							
Sugars (g)	38	37.18%			Missing			
Vitamin C (mg)	44.86							
Protein (g)	15.04	14.78%						
Carbohydrate (g)	68.35	67.17%						
Total Fat (g)	7.75	17.13%						
Saturated Fat (g)	2.82	6.23%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.