

Jr. High September 2017 Lunch Menu



Monday

Tuesday

Wednesday

Thursday

Friday

Looking for part time work while your kids are in school?
Consider applying as a Cafeteria Helper or Substitute!
Call 385-646-4105 for more information.

Southwestern
Chicken Sandwich on
Bun
BBQ Baked Beans

Vegetarian Salad
with a Breadstick

Week 2

1

Country fried Steak
with a Roll
Whipped Potatoes

Chili & Cheese Dog

Ultimate Grilled
Cheese Sandwich
Lima Beans

General Tso'
Chicken w/ Brown
Rice & Egg Roll

Pulled BBQ Chicken
on a Kaiser
Sweet Potato Fries

Mandarin Chicken
Salad with a Bread
Stick

Chicken Parmesan
Salad w/ Breadstick

Fiesta Chicken Salad
w/ Chips

Chef Salad with a
breadstick

Vegetarian Salad
with a Breadstick

Week 3

4

5

6

7

8

Chicken Fajitas

Rib-B-Q Sandwich
on Kaiser

Turkey, Bacon,
Ranch Pita
Sweet Potato Fries

Hot Italian Sub

Monte Cristo
Sandwich

Mandarin Chicken
Salad with
Breadstick

Chicken Parmesan
Salad w/ Breadstick

Fiesta Chicken Salad
w/ Chips

Chef Salad with a
breadstick

Vegetarian Salad
with a Breadstick

Week 4

11

12

13

14

15

Pizza Crunchers

Meatball Sub

Country fried Steak
with a Roll
Whipped Potatoes

Grilled Cheese
Sandwich with Chili
Sweet Potato Fries

Alfredo Pasta

Mandarin Chicken
Salad with
Breadstick

Chicken Parmesan
Salad w/ Breadstick

Fiesta Chicken Salad
w/ Chips

Chef Salad with a
breadstick

Vegetarian Salad
with a Breadstick

Week 5

18

19

20

21

22

Beef Enchiladas
Refried Beans or
Black Beans

Chicken & Mashed
Potato Bowl with Roll

Asian Orange
Chicken w/ Brown
Rice & Egg Roll

Baked Ziti

Mac & Cheese
Sweet Potato Fries

Mandarin Chicken
Salad with
Breadstick

Chicken Parmesan
Salad w/ Breadstick

Fiesta Chicken Salad
w/ Chips

Chef Salad with a
breadstick

Vegetarian Salad
with a Breadstick

Week 1

25

26

27-Jan

28-Jan

29

The USDA is an equal opportunity provider and employer