

Insurance Premium & Wellness Incentive



To avoid the \$10 monthly Granite Well-Being insurance premium increase for plan year 2017. You will need to complete steps listed below between January 1, 2016 and December 31, 2016. The Well-Being premium incentive will be an additional \$10 per month for the entire plan year of 2017.

Your doctor visit must be after January 1, 2016 and before December 31, 2016

Step 1 Login to H2U and create your own personal account.

- Login: http://www.h2u.com/mountainstar
- First time login users will select "No" when asked if they have participated in the wellness program before. Access Code Required # MSGSD106

Step 2 Complete the Health Risk Assessment (HRA) online at H2U.

Step 3 Complete Biometric Screening at one of our Benefit Fairs held in October.

• You are DONE! - No Additional Reporting is required.

OR

Complete Biometric Screening by seeing your own personal physician.

- Complete the physician form and return to Benefit Department
 -Physician Form found online at:
 http://www.graniteschools.org/hr/benefits/granite-well-being/
- You are DONE! No Additional Reporting is required.

The wellness incentive will begin on your January 1, 2017 paycheck.

Granite Well-Being is committed to helping you become aware of your own personal health. Participation in the Granite Well-Being program is available to all contract employees. If you need assistance, have questions, or unable to complete the three steps.

Please contact the Benefits Department at 385-646-4528 or benefits@graniteschools.org we will be happy to help.

Page 2 2017 Benefits Booklet

2017 Benefit Changes

♦ Employee premium monthly contribution increase 4.2%

♦ Office Visit Co-Pay Changes to HMO – SelectMed and Valuecare:

Generalist \$25 \$40 Specialist \$35 \$50

• Office Visit Co-Pay Changes to PPO – SelectMed Plus and Valuecare Plus:

Generalist	\$30	\$40
Specialist	\$40	\$50
nnual Deductible:	\$750	\$1,000



Avoiding the \$10 Monthly Premium Increase

- 1. What must I do to avoid the \$10 increase added to regular monthly medical premiums for 2017? Login to H2U and create an account, complete the two required activities Biometric Screening & Personal Health Assessment (PHA). First time login users will select "No" when asked if they have participated in the wellness program before. Access Code Required # MSGSD106. http://www.h2u.com/mountainstar
- 2. What is a biometric screening and why is it important? A biometric health screening is a short health examination that indicates your risk for certain diseases and medical conditions. It helps you understand where you should take action to improve your health.
- 3. How is the biometric screening conducted and what information is being collected?

The screening uses certain body measurements and a small blood sample. Data collected:

- Height and weight, which is used to calculate body mass index (BMI)
- Systolic and diastolic blood pressure
- Total cholesterol
- HDL cholesterol
- Glucose
- **4.** Where can I complete the biometric screening? One of the Benefit Fairs held in October or your personal doctor.
- 5. What evaluation must my doctor do and is there a cost? A routine physical is all that is needed. Annual physicals are Free (\$0 copay) if done in network.
- 6. How will I report seeing my doctor and is there a special form that must be completed? Yes, there is a special form that will need to be completed and returned to the benefit department by 12/31/16. The form can be found online at the

following website: http://www.graniteschools.org/hr/benefits/granite-well-being/

- 7. What is the Personal Health Assessment (PHA)? The PHA is a health survey that you will complete online at the H2U website.
- **8.** When must the two required activities be completed? Must be completed between 1/1/16 12/31/16
- **9.** <u>How do I report completion of the required activities?</u> Completing the PHA online will automatically be reported, bioscreenings done at Benefit Fairs will automatically be reported. Bioscreening done by personal physician, Physician Form will need to be turned into Benefit Department.
- 10. <u>Does my spouse need to complete the two requirements?</u>
 No
- 11. <u>I am retired do I need to complete the activities?</u> No, retirees will not be required to complete the activities.
- 12. <u>I don't have medical insurance with the district do I need to complete the activities?</u> No, only contract employees who have insurance with Granite School District.
- 13. <u>I am a new employee</u>, do I need to complete the activities? No, new employees hired between 7/1/16 & 12/31/16 will not be required to complete the activities for 2017 plan year.

NO PERSONAL MEDICAL INFORMATION IS EVER SHARED WITH GRANITE SCHOOL DISTRICT

Page 3 2017 Benefits

Carrier Contact Information

Select Health	Medical	www.selecthealth.org	801-442-5038
Regence BC/BS	Medical	www.ut.regence.com	866-240-9580
Dental Select	Dental	www.dentalselect.com	801-495-3000
National Benefit Services	FSA	www.nbsbenefits.com	801-532-4000
Opticare of Utah	Vision	www.opticareofutah.com	800-363-0950
Aetna	LTD	www.aetna.com	866-326-1380
LifeMap	Life Insurance	www.lifemapco.com	800-286-1129
Utah Retirement Systems	Retirement	www.urs.org	801-366-7770
Allstate	Accident/critical Illness	www.allstateatwork.com	800-521-3535

Granite School District Contact Information

Granite School District	www.graniteschools.org	385-646-5000
Benefits Office	www.graniteschools.org/hr/benefits	385-646-4528
Email	benefits@graniteschools.org	
Fax		385-646-4319
Payroll Office	www.graniteschools.org/payroll	385-646-4311
Human Resources Office	www.graniteschools.org/hr	385-646-4511

Important Information

\$50 Late Fee will be charged to employees who fail to waive or complete their elections during Open Enrollment



Page 4 2017 Benefits Booklet

Benefit Information

Contact Information	4
Benefit Information	5
Medical—Select Health	6
Medical—Regence BC/BS	7
Medical—Plan Comparison Charts	8, 9
Pharmacy	10, 11
Dental—Dental Select	12,13,14
Dental—Plan Comparison Chart	15, 16
Vision—Opticare	17,18,19,20
Flex Spending Account—NBS	21, 22
Life Insurance—LifeMap	23, 24, 25
Disability Insurance—Aetna	26, 27
Accident\Critical Illness—Allstate	28
Welfare Association	29
Insurance Rates	30,31,32
Frequently Asked Questions	33,34
Definitions	35
COBRA Initial Notification	36,37

Medical—Hospitals/Kidscare/Instacare Clinics—Select Health

HOSPITALS

Alta View Hospital

Davis Hospital Center Heber Valley Medical Center

Intermountain Medical Center

LDS Hospital

McKay Dee Hospital Center

Mountain West Medical Center

Park City Medical Center

Primary Children's Hospital

Riverton Hospital

TOSH (Orthopedic Specialty Hospital)

INSTACARE/KIDSCARE CLINICS

Bountiful Kidscare/Instacare

Highland Instacare

Holiday Instacare

Layton Instacare

Murray Kidscare

North/South Ogden Instacare

North Orem Instacare

Ogden Kidscare

Riverton Kidscare/Instacare

Sandy Kidscare/Instacare

Saratoga Springs Instacare

Sugar House Kidscare/Instacare

Syracuse Instacare

Taylorsville Kidscare/Instacare

West Jordan Kidscare/Instacare

Medical—Hospitals/Kidscare/Urgent Care—Regence BC/BS

HOSPITALS

Center Jordan Valley Hospital

Center Pioneer Valley Hospital

Lone Peak Hospital

Ogden Regional Medical Center

Primary Children's Hospital

St Marks Hospital

University of Utah Medical

KIDSCARE/URGENT CARE

After Hours Medical First Med Urgent Care IHC Kidscare/Instacare

Ogden Clinic

Wee Care Pediatrics



Medical—Select Health



At SelectHealth, we know you have many options when choosing a health plan. Here are just some of the reasons why we may be an exceptional choice for you.

- INTERMOUNTAIN HEALTH ANSWERS *New this year! Intermountain Health Answers-Talk to a registered nurse about your health concerns. It is free and you get access to the knowledge of an expert 24/7 (844-501-6600).
- **EXCEPTIONAL SERVICE** Health insurance doesn't have to be complicated. We can help you with everything from finding the right doctor to understanding your benefits. We want our members to live well so we provide a number of wellness resources to supplement our health plan benefits.
- MEMBER SERVICES Life doesn't stop at 5 p.m. SelectHealth Member Services offers extended hours to answer your questions and help to resolve your concerns. Member Services is available weekdays from 7:00 a.m. to 8:00 p.m. and Saturdays from 9:00 a.m. to 2:00 p.m. by calling 801-442-5038.
- MEMBER ADVOCATES Member Advocates help you find the right doctor for your needs even on short notice! Member Advocates can assist in appointment scheduling, finding the closest doctor or facility with the nearest available appointment.
- MY HEALTH ONLINE TOOLS Log on! You have 24-hour access to view your claims, review explanation of benefits, view amounts paid year-to-date, utilize decision support tools and personalized health and wellness information on our secure member website. Get connected at www.selecthealth.org/myhealth.
- PHARMACY BENEFITS MADE SIMPLE Managing your prescriptions is made simple. While you can't control the cost of
 prescription medication, using generic drugs can lower your out-of-pocket expenses. At a participating "Retail-90" pharmacy,
 members are able to receive up to a three-month supply of medication at a more affordable copayment.
- DISCOUNTS, DISCOUNTS AND MORE DISCOUNTS Members are more likely to embrace a healthy lifestyle when it
 costs less. Member discounts and wellness resources add more value to your health plan. SelectHealth gives you many discounts
 simply by presenting your SelectHealth ID card. Discount/wellness resources include health club and fitness center memberships,
 spas, LASIK eye surgery, nutritional supplements, eyewear, hearing aids, alternative medicine, and drug education. For more
 information about these discounts, visit www.selecthealth.org/discounts.
- HEALTHY BEGINNINGS Pregnancy is a special time and our free prenatal program provides support and resources for
 expectant mothers. In addition to pregnancy education materials, the program includes a risk assessment screening and provides
 high-risk case management when needed, for employees and their spouses.
- CARE/DISEASE MANAGEMENT SelectHealth encourages healthy lifestyles. Helping our members to achieve and maintain
 healthy lives is a top priority. Trained registered nurse care managers are available to assist our members with various health
 concerns and can help coordinate services between providers and patients. Our disease management program provides members with educational materials, newsletters, follow-up phone calls and additional support for conditions such as allergies and
 rhinitis, asthma, cholesterol, congestive heart failure, depression, diabetes, high-risk pregnancy, hypertension, migraines and oncology.
- NATIONAL ACCREDITATION SelectHealth was the first National Committee for Quality Assurance (NCQA) accredited commercial health plan in Utah and has held that accreditation since 1993. In rating a health plan, NCQA examines how well a plan helps its members stay healthy, get better, manage chronic illness, access qualified providers and receive care when services are needed. Our excellent accreditation status illustrates our commitment to helping members stay healthy and to provide the highest quality of care when they are sick.
- SELECT HEALTH MOBILE APP Download our new free SelectHealth Mobile App. Just by using you smart phone, you can see your ID card, explanations of benefits and place yourself in line at the local Instacare.

Page 6 2017 Benefits Booklet

Medical—Regence BC/BS



We are 3 million members strong, being here for our families, coworkers and neighbors, helping each other be and stay healthy and provide support in time of need. And Regence BlueCross BlueShield has been here for members for more than 90 years.

WE ARE PROUD TO BE BLUE

The strength of the BlueCross and BlueShield brand is unsurpassed, and our reach is global. Our members can access healthcare across the country and around the world. Our vision of a new kind of healthcare system doesn't stop with our own members. We want to transform the system for everyone, because together we can do better.

TOGETHER, WE CAN DO BETTER

Regence defines success by how well we advocate for - and make a difference in - the health of our members. You have invested trust and resources in Regence, and we repay you by investing in products and services that deliver value every day, especially when you need care.

AN ONLINE SUPERTOOL - myREGENCE.com

Making healthy choices can be a difficult task in our complex world. Regence members value a trusted advisor to help you navigate the healthcare system and help you live a healthier life. MyRegence.com is a member-only website designed to advise Regence members on healthcare and lifestyle options, navigate through the health care system and reward healthy choices. Using myRegence.com you are able to view your claims and personal account information, compare hospitals, find information regarding a procedure's cost and quality based on your personal needs, use the interactive health and medical encyclopedia and even engage in conversations through open forums that allow members to interact with healthcare experts and with each other.

REGENCE OmedaRX

For more than 20 years, Regence Rx has successfully managed pharmacy benefits for more than 2.2 million members of The Regence Group. Regence Rx offers a pharmacy network of more than 50,000 pharmacies nationwide including two mail-order options, education tools and information, preferred medication/formulary support, call center support and prescription claims processing - online, electronic and real-time.

REGENCE ADVANTAGES

Regence offers value-added programs (not insurance benefits) that offer great savings to members from leading health-related companies and are offered by Regence in addition to your medical plan. Regence Advantages include weight management discount programs (Jenny Craig), fitness center memberships, LASIK/PRK eye surgery, cosmetic dermatology, cosmetic dentistry, acupuncture, child safety and health products, eyewear, hearing aids, and bicycle and skating helmets.

THE BLUECARD PROGRAM

Across the country and around the world... we've got you covered. When you are a BlueCross BlueShield plan member with a suitcase logo on your member ID card (applicable for the ValueCare and ValueCare Plus plans), the BlueCard program gives you access to doctors and hospitals almost everywhere, giving you the peace of mind that you'll be able to find the healthcare provider you need.

		2017 M	2017 MEDICAL COMPARISON CHART	PARISON CHA	\RT	
Insurance Company		SelectHealth		Regence Blu	Regence BlueCross BlueShield of Utah	of Utah
Plan Name	Select: Med	Select: N	Select: Med Plus	ValueCare	ValueCare Plus	Plus
	In-Network	In-Network	Out-of-Network	In-Network	In-Network	Out-Network
Dependent Age Maximum		97	0	97	97	
Annual Deductible	1st of Month Following Hire Date \$1000 per person	1st of Month Following Hire Date \$1000 per person \$1500	owing Hire Date \$1500 per person	1st of Month Following Hire Date \$1000 per person	1st of Month Following Hire Date \$1000 per person \$1500	g Hire Date \$1500 per person
	3 Deductible Max (\$3000)	3 Deductible Max. (\$3000)	3 Deductible Max. (\$4500)	3 Deductible Max. (\$3000)	3 Deductible Max. (\$3000)	6 Deductible Max. (\$4500)
Deductible Toward		DOES	DOES	DOES	DOES	DOES
Out-of-Pocket Maximum	count toward OOP Maximum	count toward OOP Maximum	count toward OOP Maximum	count toward OOP Maximum	count toward OOP Maximum	count toward OOP Maximum
Out-of-Pocket Maximum	Employee \$2000	Employee \$2000	Employee \$2500	Employee \$2000	Employee \$2000	Employee \$2500
	Employee & 1 \$3000	Employee & 1 \$3000	Employee & 1 \$4500	Employee & 1 \$3000	Employee & 1 \$3000	Employee & 1 \$4500
	Employee & 2+ \$4000	Employee & 2+ \$4000	Employee & 2+ \$5000	Employee & 2+ \$4000	Employee & 2+ \$4000	Employee & 2+ \$5000
Office Visits *						
Office Visit (General) **	\$40 copay per visit	\$40 copay per visit	60% after deductible	\$40 copay per visit	\$40 copay per visit	60% after deductible
Office Visit (Specialty)	\$50 copay per visit	\$50 copay per visit	60% after deductible	\$50 copay per visit	\$50 copay per visit	60% after deductible
X-Ray/Lab Tests - Minor X-Rah/I ah Test - Maior	Included in copay	Included in copay	60% after deductible	Included in copay	Included in copay	60% after deductible
Preventative Services	ססיים מכממכווסופ	מיים מוכן מכמסקום מיים	ממיים מכמממונים	ספיים מכממכווטופ	00 /0 alter deddelible	מונפו מפמפווסופ
Routine Physical (1 per yr)	100%	100%	Not Covered	100%	100%	Not Covered
Pap Office Visit	%00.7 %00.7	,00° ,00°	Not Covered	,000 100%	100%	Not Covered
Well Child Care	100%	100%	Not Covered	100%	100%	Not Covered
Immunizations	100%	100%	Not Covered	100%	100%	Not Covered
Eyewear	100% Discount Program	nou% Discount Program	Not Covered Discount Program	Discount Program	100% Discount Program	Not Covered Discount Program
Maternity Care ©	1				1	
Initial Prenatal Office Visit Care/Delivery/Profess. Fees ③	\$40 copay (1st visit only) 80% after deductible	\$40 copay (1st office visit) 80% after deductible	60% after deductible 60% after deductible	\$40 copay (1st visit only) 80% after deductible	\$40 copay (1st visit only) 80% after deductible	60% after deductible 60% after deductible
Newborn Adoption Benefit ®	Subject to maternity care	Subject to maternity care	Subject to maternity care	Subject to maternity care	Subject to maternity care	Subject to maternity care
	henefit: not to exceed \$4 000		henefit: not to exceed \$4 000	henefit: not to exceed \$4000	honofit: not to exceed \$4 000	benefit; not to exceed
Inpatient Services ③	שפוופווי, ווטר וט פאכפפט 17,000	Deficility flot to exceed \$4,000	שמופווי, ווטרנט פאכפפע 1,000	מפוופווי, ווסר נט פאכפפע פי+טטט	Dellelli, IIOI to exceed \$4,000	000,40
Medical-Surgical Admission	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Skilled Nursing Facility ®	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Rehabilitation Services ®	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Professional Fees	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Outpatient Services	-11:37-17-17-17-17-17-17-17-17-17-17-17-17-17	-14:1	-14197-14-14-14-17-14-1	-14:4-15-15-16-16-16-16-16-16-16-16-16-16-16-16-16-	-1417	-14134-1-11-11-11-11-11-11-11-11-11-11-11-11-
Facility Charges Surgical Fees	80% after deductible	80% after deductible 80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Rehabilitation Services ©	\$40 copay after deductible	\$40 copay after deductible	60% after deductible	\$40 copay after deductible	\$40 copay after deductible	60% after deductible
Home Health / Hospice ③	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Chemo/Radiation/Dialysis	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Elliergelicy Services	\$35 copay per visit	\$40 conay per visit	60% after deductible	\$35 conay per visit	\$40 conay per visit	60% after deductible
Orgent Care Emergency Room	80% after deductible	a40 copay per visit 80% after deductible	60% after deductible	80% after deductible	\$40 copay per visit 80% after deductible	60% after deductible
Ground Ambulance	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Air Ambulance	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible

^{*}All copays now apply to out of pocket maximum ** General Office Visit Includes: Family Medicine, Pediatrics, Internal Medicine, OBGYN (Geriatrics SelectHealth only)

		2017 MEI	DICAL CON	2017 MEDICAL COMPARISON CHAR	CHART	
Insurance Company		SelectHealth		Regence Blu	Regence BlueCross BlueShield of Utah	of Utah
Plan Name	Select: Med	Select: Med Plus	Aed Plus	ValueCare	ValueCare Plus	Plus
	In-Network	In-Network	Out-of-Network	In-Network	In-Network	Out-of-Network
Durable Medical Equipment ③						
	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deducti- ble
Chiropractic Care ⑤	70 N	1000 O 40N		1000 O 40N	*:0000000000000000000000000000000000000	60% after deducti-
Mental Health @©			ou% alter deductible		\$40 copay per visit	ald
Inpatient Visit ©	%08	%08	50% after deductible	%08	¥02	50% after deducti- ble
Outpatient Visit ®	\$40 copay then 100%	\$40 copay then 100%	50% after deductible	\$40 copay then 100%	\$40 copay then 100%	50% after deductible
Inpatient Visit ©	%08	%08	50% after deductible	%08	%02	50% after deducti- ble
	\$40 copay then 100%	\$40 copay then 100%	50% after deductible	\$40 copay then 100%	\$40 copay then 100%	50% after deducti- ble
Prescription Drugs ③ Retail	Up to a 30-Day Supply	Up to a 30-I	Up to a 30-Day Supply	Up to a 30-Day Supply	Up to a 30-Day Supply	v Supply
eric/Tier 1	\$10.00 per prescription	\$10.00 per	\$10.00 per prescription	\$10.00 per prescription	\$10.00 per prescription	scription
Preferred/Tier 2 ② Non-Preferred/Tier 3	\$50.00 per perscription \$80.00 per perscription	\$50.00 per \$80.00 per	\$50.00 per prescription \$80.00 per prescription	\$50.00 per perscription \$80.00 per perscription	\$50.00 per prescription \$80.00 per prescription	scription scription
Mail Order	Up to a 90-Day Supply	Up to a 90-I	 Up to a 90-Day Supply	Up to a 90-Day Supply	Up to a 90-Day Supply	y Supply
Generic/Tier 1 Preferred/Tier 2 ②	\$20.00 per prescription \$80.00 per prescription	\$20.00 per \$80.00 per	\$20.00 per prescription \$80.00 per prescription	\$20.00 per prescription \$80.00 per prescription	\$20.00 per prescription \$80.00 per prescription	scription
Non-Preferred/Tier 3	\$140.00 per prescription	\$140.00 per	\$140.00 per prescription	\$140.00 per prescription	\$140.00 per prescription	escription
Received at Pharmacy	Subject to pharmacy tiers	Subject to ph	Subject to pharmacy tiers	Subject to pharmacy tiers	Subject to pharmacy tiers	macy tiers
Received via Home Health	80% after deductible	80% after deductible	60% after deductible	80% after deductible	80% after deductible	60% after deductible
Formulary Drug List	AS WWW	selecthealth ord/pharmacy/plans	plans		www redencerx com	
			A PARTICIPATIN	HOW TO FIND A PARTICIPATING PHYSICIAN OR FACILITY	R FACILITY	
Insurance Company		SelectHealth		Regence Blu	Regence BlueCross BlueShield of Utah	of Utah
Plan Name	Select: Med	Select: N	Select: Med Plus	ValueCare	ValueCare Plus	Plus
Member Services	801-442-5038	801-44	801-442-5038	1-866-240-9580	1-866-240-9580	.9580
Web Site Address	www.selecthealth.org	www.selecthealth.c	www.selecthealth.org	www.ut.regence.com	www.ut.regence.com	lce.com
Provider Network Lookup	Select Med	סמופת וא	red Flus	valuecald	valuecare Plus	Flus

No benefit for dependent children Θ

Specificed immunizations only. Refer to the Summary Plan Desription(s). ⊚ ⊚

Preauthorization is required on the following: inpatient services; maternity stays longer than two days for a normal delivery or longer than four days for a cesarean;

DME items: insulin pumps and continuous glucose monitors, negative pressure wound therapy, electrical pump, prosthetics, motorized/customed wheelchairs, DME over \$5,000: home health nursing services; certain injectable and prescription drugs; and pain management/pain clinic services. If you fail to precertify, benefits are reduced to 50 percent and will not be applied to your out of pocket max.

Allowable adoption amount as outlined by the state of Utah. Medical deductible and copay/coinsurance applies.

Limited number of visits per calendar year. Refer to the Summary Plan Decription(s). ⊕ № ⊚

Mandatory generic substitution enforced when a generic drug is available or you must pay the the preferred or nonpreferred copay plus the difference in cost between name brand and generic drug. artriangle There are differences in the prescription preferred drug formularies between SelectHealth and Regence.

Pharmacy

- Your selection of a medical insurance carrier determines your prescription drug carrier. There are differences in the
 preferred drug formularies between SelectHealth and Regence BlueCross BlueShield of Utah. It is strongly recommended that in making your medical insurance plan selection, you also review and compare the differing prescription drug formularies and the injectable benefit carefully.
- The prescription drug benefit covers most commonly prescribed medications approved by the FDA. As with other
 health plan benefits, the coverage provided by the prescription drug benefit has limitations and exclusions. For
 certain drugs, the plan normally provides coverage up to specific dispensing limits. To determine if a specific drug
 or quantity is covered and/or if a particular drug requires prior authorization or step therapy, contact the medical
 insurance carrier directly.
- To get the maximum value from the prescription drug benefit program, YOU ARE REQUIRED TO USE GENERIC
 DRUGS when available. If no generic drug is available, ask your physician to prescribe a drug from the preferred drug listing. If you insist on a brand name drug when a generic is available, you will be assessed the applicable brand name copayment plus the difference in the cost between the brand name drug and the generic drug.

Pharmacy—Select Health

- Preferred drug formulary: www.selecthealth.org
- The preferred drug formulary is subject to change on a monthly basis
- By using the Retail 90 program or the Intermountain Home Delivery Pharmacy, you can obtain a three-month supply of prescription medication for a 60-day copayment
- Most injectable medications require prior authorization and may be covered at 80% after the deductible

Pharmacy—Regence BC/BS

- Preferred drug formulary: www.omedarx.com
- The preferred drug formulary is subject to change on a quarterly basis
- Generic Incentive program eliminates your copayment for the first 30-day fill of select generic prescriptions at a retail pharmacy
- By using the Mail Order pharmacy benefit, you can obtain a three-month supply of prescription medication for a 60 day copayment
- Most injectable medications require prior authorization and may be covered through the pharmacy benefit

Page 10 2017 Benefits Booklet

Generic Prescriptions

By now, we've all heard of the national generic prescription drug programs that are being offered by national "big box" retailers like Wal-Mart Walgreens, and Target and even some regional/local retailers like Smith's grocery store.

SO WHAT IS IN IT FOR YOU (and the District as a whole) if each of us, instead of running our generic prescriptions through the District's insurance program, choose to fill our generic prescriptions through one of the national "big box" retailer's generic prescription drug programs? You guessed it...



BIG MONEY, BIG SAVINGS

Did You Know?

Even if the generic substitute for one of your prescription drugs is not on one of the \$4 lists, generic drugs are often 80% less expensive than brand name drugs, so switching to a generic will have a large impact on your pocketbook whether you switch pharmacies or not. To see if you would benefit from a switch to a generic drug, do some comparisons. One of the better places to do this is at www.crbestbuydrugs.org, a Consumer Reports site.

Tips

- When you receive a prescription from your doctor, ask if a generic equivalent is available.
- The member must present the written prescription to the pharmacist and request the \$4-Generic price.
- The member should not present the medical ID card. The pharmacy will not submit a claim to the insurance carrier

How Do I Use "Big Box" Generic Prescription Drug Program?

- Discuss the prescription being issued with your doctor. Ask if a generic medication is available to treat you. If a generic is available, the prescription must be written for the generic drug.
- Take your prescription (or have your physician call it in) to one of the "big box" retailers offering a generic pharmacy benefit program.
- Tell the pharmacist that you would like to fill the generic prescription through their generic prescription drug program. (In doing so, you will not need to show your Granite medical ID card).
- Receive a 30-day supply of generic medication for \$4.00 (versus the \$20.00 copayment you would have had to pay if you used the
 District's medical insurance) or receive a 90-day supply of generic medication at \$10.00 (versus the \$40.00 copayment you would have
 had to pay if you used the District's medical insurance). See... big savings!

"Big Box" Store Prescription Drug Web Page.

Target—http://sites.target.com/site/en/health/page.jsp?contentId=WCMP04-040590

Wal-Mart & Sam's Club-http://i.walmartimages.com/i/if/hmp/fusion/customer_list.pdf

Walgreens-https://webapp.walgreens.com/MYWCARDWeb/pdf/Value-PricedGenericsList.pdf

Smiths Pharmacy—http://www.smithsfoodanddrug.com/generic/Pages/alpha_listing.aspx

Dental—Dental Select



Silver Plan

- 1050+ participating dental providers
- This is not a dental insurance product but rather, a fee-for-service product. In-network benefits only
- No annual deductible
- No annual maximum benefit
- Benefits largely based on a copayment structure
- Includes a 20% discount on orthodontia (children and adults) with no waiting period and no lifetime maximum benefit
- Discounts on cosmetic procedures offered

Gold Medium Plan

- 2025+ participating dental providers
- Copayment plan. In and out-of-network benefits
- No annual deductible
- No annual maximum benefit
- Fixed low copayment structure
- 100% in-network coverage for most preventive care dental services
- 50% orthodontics benefit (child and adult) with no waiting period / \$1000 lifetime benefit
- Discount on cosmetic procedures offered

Gold High Plan

- 2025+ participating dental providers
- Copayment plan. In and out-of-network benefits
- No annual deductible
- No annual maximum benefit
- Fixed low copayment structure
- 100% in-network coverage for most preventive care dental services
- \bullet 50% orthodontics benefit (child and adult) with no waiting period / \$1000 lifetime benefit
- Discount on cosmetic procedures offered

Platinum Plan

- 2591+ participating dental providers
- Coinsurance plan. Includes both an in and out-of-network benefit
- \$50/\$150 annual deductible
- \$1,000 per member, per year maximum benefit
- 80% in and out-of-network coverage for preventive dental services
- 70% in-network coverage for basic care dental services
- 40% in and out-of-network orthodontia benefits (child and adult) with no waiting period / \$1000 lifetime benefit
- Discounts on cosmetic procedures offered



Web Portal Access

Toll Free Phone: 800-999-9789 Toll Free Fax: 888-673-5328 DentalSelect.com





As a member you can:

- · View your Claim Status
- Order ID cards
- View your Explanation of Benefits
- View your Yearly Maximum Balance
- Update your Personal Information



Portal Registration is easy, go to www.dentalselect.com

- 1. Select member login from the homepage
- 2. Click on "Register"
- 3. Read and accept the terms and conditions
- 4. Enter Date of Birth, Member Number and your Social Security Number
- Submit Registration



You are now able to login at anytime!

For assistance, call a Customer Service Representative at: 1-800-999-9789

Copyright Select Benefits Group 2010



Dental—Dental Select



TWO SIMPLE WAYS TO FIND A DENTIST



VISIT OUR WEBSITE



CLICK "FIND A PROVIDER" ON ANY PAGE



DOWNLOAD OUR MOBILE APP







REFER A DENTIST

Know a dentist you'd like to have join Dental Select's network? Simply visit our website and dick on the Find a Provider link at the top of the page, From there, navigate to the "Refer a Dental Provider" section to provide the dentist's name and contact information, Our team will reach out and invite them to join our network.





Page 14 2017 Benefits Booklet

CONTINUED ON REVERSE SIDE .

9	SILVER	20	2016 DENTAL PLAN COMPARISON CHART	LAN COME	OMPARISON CH	IART PLATINUM	WIN
DENTALSELECT	The Silver plan is a fee-for- service DISCOUNT plan that requires you to receive services from a participating (In-networld Silver provider. The Silver plan is not an insurance product. In-network specialists offer a 20% discount on covered services. No benefit will be paid es.	The Gold "Medium" plan is a flexibility to receive services from provider. The "Medium" plan nework benefit whereby you choosing. The amount lister represents the flat amount benefice seems the flat amount converse flowers, a paid benefit is aw. Hewdarin: Specialists. See comp	The Gold 'Medium' plan is a COPA' plan that orfiers you the flexibity to receive services from a Gold participating (in-network) provider. The 'Medium' plan size provides a 'mixed out-of-network benefit whereby you can go to any dernist of your floosing. The amount issen in the out-of-network column represents the flat amount Dental Select, will pay toward services received using an out-of-network provider. In-retwork specialists received using an out-of-network provider. In-retwork specialists However, a paid benefit is available for imrited services from Pediatric Specialists. See complete co-pay schedule for specifics	The Godd "High" plant is a COPA, to receive services from a Gold p. The "High plant also provides." whereby you can go to any definition in the out-of-network confined select will pay toward as retwork provider. In-network sp. covered services. No benefit is available for immate as been of the provider. The covered services who benefit is available for immate as the complete co-pay.	The Gold "High" plan is a COPAY plan that offers you the flexibility to receive services from a Gold participating (in-network) provider. The "High" plan also provides a firrated out-deretwork per perfect whereon you can go to any dents of your choosing. The amount Dental Select, will pay toward services received using an out-of-network provider. In-network specialists offer a 20% discount on converted services. No benefit will be paid, thowever, a paid benefit is available for limited services from Pediatric Specialists. See complete co-pay schedule for specific.	The Platnum plan is a COINSURANCE plan that offers you total freedom and fleebully to receive savines from a provider that is not out of the Platnum nebvoix. The percentages listed reflect the amount that is covered under the Platnum plan. See Plan Notes for Specialist payment information.	plan that offers you total freedom and property that is no rout of the Plantum the amount that is covered under the Specialist payment information.
	In-Network / General Dentist Member Payment	In-Network General Dentist Member Copayment	Out-of-Network Maximum Payment by Dental Select	In-Network General Dentist <u>Member Copayment</u>	Out-of-Network Maximum Payment by Dental Select	In-Network Payment by Dental Select	Out-of-Network Payment by Dental Select
Annual Deductible Annual Coverage Maximum Specialists	\$0.00 No Maximum 20% Discount	\$0.00 No Maximum 20% Discount	\$0.00 No Maximum No Benefit	\$0.00 No Maximum 20% Discount	\$0.00 No Maximum No Benefit	\$50.00 Individ. / \$150.00 Family \$1,000.00 See Plan Notes	\$50.00 Individ. / \$150.00 Family \$1,000.00 See Plan Notes
PREVENTIVE					442		
D0120 Periodic oral exam	\$15.00	00:0\$	\$17.00	00.0\$	\$17.00	80% of Fee Schedule	80% of R&C
	\$13.00	00:0\$	\$16.00	00.0\$	\$16.00	80% of Fee Schedule	80% of R&C
D0210 Intraoral Compl. ser. including bitewings D0220 Intraoral - beriapical - first film	\$35.00 \$8.00	00:0\$	\$37.00	00:0\$	\$37.00 \$8.00	80% of Fee Schedule 80% of Fee Schedule	80% of R&C 80% of R&C
	\$6.00	\$0.00	\$6.00	\$0.00	\$6.00	80% of Fee Schedule	80% of R&C
DU24U Intraoral - occlusal film D0250 Extraoral - first film	\$6.00 \$4.00	00.00\$	\$6.00 \$4.00	00:0\$	\$6.00	80% of Fee Schedule 80% of Fee Schedule	80% of R&C
D0260 Extraoral - each additional	\$4.00	\$0.00	\$4.00	\$0.00	\$4.00	80% of Fee Schedule	80% of R&C
	\$37.00	00:0\$	\$37.00	00.0\$	\$37.00	80% of Fee Schedule	80% of R&C
D1110 Prophylaxis - adults D1120 Prophylaxis - child	\$37.00 \$25.00	\$0.00 00.0\$	\$37.00 \$25.00	\$0.00 \$0.00	\$37.00 \$25.00	80% of Fee Schedule 80% of Fee Schedule	80% of R&C 80% of R&C
BASIC							
D0140 Limited oral examination D1351 Sealant - per tooth (14 & under)	\$10.00	\$13.00	\$12.00	\$0.00	\$12.00 \$8.00	70% of Fee Schedule 70% of Fee Schedule	60% of R&C 60% of R&C
S) V							
D2140 Amalgam - 1 surf. primary or permanent D2150 Amalgam - 2 surf primary or permanent	\$41.00 \$51.00	\$17.00	\$32.00	\$17.00	\$32.00	70% of Fee Schedule	60% of R&C 60% of R&C
	\$62.00	\$31.00	\$38.00	\$31.00	\$38.00	70% of Fee Schedule	60% of R&C
D2161 Amalgam -4 surt. primary or permanent ANTERIOR COMPOSITE (White) FII	FILLINGS	\$38.00	\$39.00	\$38.00	\$38.00	/0% of Fee Schedule	60% ot R&C
Resin - 1 surf. anterior	\$63.00	\$37.00	\$32.00	\$37.00	\$32.00	70% of Fee Schedule	60% of R&C
D2331 Resin - 2 surf. anterior D2332 Resin - 3 surf. anterior	\$74.00 \$84.00	\$41.00 \$48.00	\$40.00 \$44 nn	\$41.00 \$48.00	\$40.00 \$44.00	70% of Fee Schedule	60% of R&C 60% of R&C
Resin - 4 surf. or involving incis. Angle	\$94.00	\$54.00	\$52.00	\$54.00	\$52.00	70% of Fee Schedule	60% of R&C
		\$36.00	\$32.00	\$36.00	\$32.00	70% of Fee Schedule	60% of R&C
	\$84.00	\$54.00	\$39.00	\$54.00	\$39.00	70% of Fee Schedule	60% of R&C
D2394 Resin - 3 sun, posterior prim, or perm. D2394 Resin - 4+ sunf, post, prim, or post.	\$108.00	\$75.00	\$45.00 \$48.00	\$75.00	\$45.00 \$48.00	70% of Fee Schedule	60% of R&C
	0000	00000	0000	0000			
D2642 Onlay - porc/ceram 2 surfaces D2643 Onlay - porc/ceram 3 surfaces	\$330.00 \$372.00	\$340.00 \$398.00	00.0\$	\$210.00 \$250.00	\$129.00 \$142.00	40% of Fee Schedule	40% of R&C
D2644 Onlay - porc/ceram 4 surfaces	\$416.00	\$437.00	\$0.00	\$280.00	\$155.00	40% of Fee Schedule	40% of R&C
D2740 Crown - porc/ceram. substrate	\$420,00	\$472.00	00'0\$	\$300.00	\$162.00	40% of Fee Schedule	40% of R&C
D2750 Crown - porc. fused to high noble metal	\$460.00	\$529.00	00:0\$	\$320.00	\$192.00	40% of Fee Schedule	40% of R&C
	\$442.00	\$473.00	00:0\$	\$308.00	\$160.00	40% of Fee Schedule	40% of R&C
D2790 Crown - full cast high noble metal D2791 Crown - full cast predom. base metal	\$420.00 \$357.00	\$416.00 \$407.00	00.0\$	\$285.00 \$250.00	\$159.00 \$146.00	40% of Fee Schedule	40% of R&C 40% of R&C
D2792 Crown - full cast noble metal	\$360.00	\$360.00	00:0\$	\$240.00	\$152.00	40% of Fee Schedule	40% of R&C
D2931 Prefab staint, st., crown - perm tooth	\$68.00	\$80.00	\$0.00	\$80.00	\$0.00	40% of Fee Schedule	40% of R&C

		SILVER	GOLD "MEDIUM"	Μ	GOLD "HIGH"		PLATINUM	
ENDODO	ENDODONTICS (ROOT CANALS)							
D3110	Pulp cap - direct excl. final rest.	\$20.00	\$26.00	\$0.00	\$26.00	\$0.00	40% of Fee Schedule	40% of R&C
D3120	Pulp cap - indirect excl. final rest.	\$15.00	\$15.00	\$0.00	\$15.00	\$0.00	40% of Fee Schedule	40% of R&C
D3220	Therapeutic pulpotomy	\$49.00	\$55.00	\$0.00	\$49.00	\$0.00	40% of Fee Schedule	40% of R&C
D3310	Root Canal therapy - anterior	\$246.00	\$275.00	\$0.00	\$185.00	\$83.00	40% of Fee Schedule	40% of R&C
D3320	Root Canal therapy - bicuspid	\$308.00	\$336.00	\$0.00	\$240.00	\$91.00	40% of Fee Schedule	40% of R&C
D3330	Root Canal therapy - molar	\$395.00	\$428.00	\$0.00	\$325.00	\$98.00	40% of Fee Schedule	40% of R&C
D3346	Retreatment root canal - anterior	\$222.00	\$227.00	\$0.00	\$174.00	\$53.00	40% of Fee Schedule	40% of R&C
D3347	Retreatment root canal - bicuspid	\$272.00	\$278.00	\$0.00	\$209.00	\$69.00	40% of Fee Schedule	40% of R&C
D3348	Retreatment root canal - molar	\$346.00	\$352.00	\$0.00	\$266.00	\$88.00	40% of Fee Schedule	40% of R&C
PERIODONTICS	ONTICS							2
D4341	Perio - root planing - per quad	20% discount	\$106.00	\$0.00	\$86.00	\$19.00	40% of Fee Schedule	40% of R&C
D4355	Full mouth debridement	\$64.00	\$67.00	\$0.00	\$58.00	\$9.00	40% of Fee Schedule	40% of R&C
D4910	Perio. Maint. proc. after active therapy	\$71.00	\$77.00	\$0.00	\$59.00	\$17.00	40% of Fee Schedule	40% of R&C
PROSTH	PROSTHODONTICS (DENTURES)							
D5110	Complete denture - upper	\$508.00	\$533.00	\$0.00	\$415.00	\$117.00	40% of Fee Schedule	40% of R&C
D5120	Complete denture - lower	\$508.00	\$533.00	\$0.00	\$415.00	\$117.00	40% of Fee Schedule	40% of R&C
D5130	Immediate denture - upper	\$540.00	\$551.00	\$0.00	\$438.00	\$112.00	40% of Fee Schedule	40% of R&C
D5140	Immediate denture - lower	\$540.00	\$551.00	\$0.00	\$438.00	\$112.00	40% of Fee Schedule	40% of R&C
D5211	Maxil. part. denture - resin base	20% discount	\$438.00	\$0.00	\$343.00	\$94.00	40% of Fee Schedule	40% of R&C
D5212	Mand. part. denture - resin base	20% discount	\$438.00	\$0.00	\$343.00	\$94.00	40% of Fee Schedule	40% of R&C
ORAL SI	SURGERY							
D7111	Extraction primary tooth	\$39.00	\$27.00	\$17.00	\$27.00	\$17.00	70% of Fee Schedule	60% of R&C
D7140	Extraction erupted tooth	\$47.00	\$35.00	\$20.00	\$35.00	\$20.00	70% of Fee Schedule	60% of R&C
D7210	Surgical removal of erupted tooth	\$82.00	\$68.00	\$26.00	\$68.00	\$26.00	70% of Fee Schedule	60% of R&C
D7220	Removal impacted tooth - soft tissue	\$101.00	\$88.00	\$28.00	\$88.00	\$28.00	70% of Fee Schedule	60% of R&C
D7230	Remov. Impacted tooth - partial bony	20% discount	\$108.00	\$34.00	\$108.00	\$34.00	70% of Fee Schedule	60% of R&C
D7240	Remov. Impacted tooth - complete bony	20% discount	\$130.00	\$34.00	\$130.00	\$34.00	70% of Fee Schedule	60% of R&C
D7510	Incision & drainage intraoral abcess	20% discount	\$75.00	\$0.00	\$75.00	\$0.00	70% of Fee Schedule	60% of R&C
ORTHO	HODONTIA							
D8010	Children and Adults	20% discount	%09	20%	%09	%09	40% of Fee Schedule	40% of R&C
through	Additional In-Network Discount	n/a	20% discount	n/a	20% discount	n/a	20% discount	n/a
D8980	Lifetime Maximum	No Maximum	\$1,000.00	\$1,000.00	\$1,000.00	\$1,000.00	\$1,000.00	\$1,000.00
MISCELI	LANEOUS							
D0999	OSHA infection and sterilization	\$10.00	\$10.00	\$0.00	\$10.00	\$0.00	n/a	n/a
D9110	Palliative Treatment	\$26.00	\$38.00	\$0.00	\$38.00	\$0.00	70% of Fee Schedule	60% of R&C
D2940	Sedative Fillings	\$31.00	\$30.00	\$0.00	\$31.00	\$0.00	70% of Fee Schedule	60% of R&C
D9430	Office visit - no other services	\$26.00	\$26.00	\$0.00	\$26.00	\$0.00	70% of Fee Schedule	60% of R&C
D9440	Office visit - after hours	\$37.00	\$38.00	\$0.00	\$38.00	\$0.00	70% of Fee Schedule	60% of R&C
D9972	External bleaching per arch	20% discount	\$103.00	\$0.00	\$103.00	\$0.00	20% discount	No Benefit

PLAN NOTES

Lab Fees Not Included

R&C - Reasonable and Customary Fees for Utah

Platinum Plan Notes

In-Network Specialists - After 20% discount, all payments made by the plan are based on the Platinum Fee Schedule. Member is responsible for the difference between the plan payment and the discounted specialist's fee.

Out-of-Network General Dentists and Specialists - Payments are based on R&C. Member is responsible for the difference between the plan payment and the dentist's fee.

To find a participating provider, please visit Dental Select's online provider directory at www.DentalSelect.com, or call 800-999-9789 for assistance in locating a provider in your area.

THE BENEFITS LISTED ARE IN SUMMARY FORM ONLY. The above should not be construed to be a complete list of procedures. Copayments and coinsurance percentages isted will be paid according to Dental Select's fee schedules outlined for the 2016 plan year. The summary of fees above are valid through December 31, 2016

Vision—Opticare of Utah



Opticare of Utah and Standard Optical are happy to announce \$1,000 off LASIK surgery (\$500 per eye) good at Standard Optical only. With Opticare of Utah you have the choice to use your benefits anywhere you want! It's important to remember vision insurance is a retail product, so it is very different from your dental and medical insurance. This means that it is important to shop around for the best price and the best eyewear suitable for your needs.

We give you options to shop anywhere you would like, so choose any of the three networks below to purchase your eyewear.

Select Network

Any Standard Optical location. Pay nothing out-of-pocket for standard plastic lenses, scratch resistant coating & ultra violet protection. Pick a frame under \$70.00 and you now just received a pair of glasses and paid nothing out-of-pocket. Instead of glasses you prefer to wear contacts you pay nothing for anything under \$70.00. If you wear both glasses and contacts, it's best to use your contact lens benefit first and then receive up to 50% off unlimited backup pairs of eye glasses throughout the year (Standard Optical locations only). These benefits are every 12 months. LASIK discounts of \$500 off per eye (Standard Optical only).

Broad Network

Any Shopko, Eye Masters, America's Best and over 45 Independent shops statewide. Standard plastic lenses have just a \$10 copay, and scratch resistant coating and ultra violet protection for just another \$20 co-pay. Pick a frame under \$60 and pay nothing out-of-pocket for that frame. You now just received a pair of glasses for \$30 in the Broad Network. Instead of glasses you prefer to wear contacts there is no cost for anything under \$60.00. If you wear both glasses and contacts, it's best to use your contact lens benefit first and then receive up to 25% off unlimited backup pairs of eye glasses throughout the year (Broad Network only). These benefits are every 12 months.

Out of Network

Any provider not listed on the provider list is considered Out-of-Network (i.e. Wal-Mart, Costco, Sam's Club, etc.). So if you would like to purchase your eyewear somewhere not found on our provider list, that's fine. We will reimburse you directly. You can be reimbursed up to \$70 for any lens options, \$50 on frames or instead of glasses you prefer to wear contacts you will be reimbursed \$50 on contact lenses. Reimbursement form is found online at www.opticareofutah.com.

Remember for unlimited backup pairs of eyeglasses you can get up to 50% off within the Select (*Standard Optical locations only*) and up to 25% off within the Broad Network.

Please see Summary of Benefits for more details on how the plan works. Feel free to go online for updated provider listings at www.opticareofutah.com.

Important NOTE: Eye exams are <u>NOT</u> covered under this voluntary vision insurance program. Rather an eye exam is covered under each of the District's medical insurance plans.



Eye care is a critical part of overall health care. An eye exam is more than just a means to prescription eyewear; regular comprehensive eye exams can give early detection to many eye and systemic diseases, lowering overall healthcare costs. Approximately 50% of the U.S. population requires corrective vision as well as 80% over the age of 45. Vision insurance is a vehicle to help fund the cost of these expenses.

Page 17 2017 Benefits Booklet

Vision—Coverage

	Select Network	Broad Network	Out-of-Network
Eye Exams			
No Eye Examination Benefit			
Standard Plastic lenses			
Single Vision	100% Covered	\$20 Co-pay	\$70 Alowance for lenses
Bifocal (FT 28)	100% Covered	\$20 Co-pay	options, and coatings
Trifocal (FT 7x28)	100% Covered	\$20 Co-pay	opuons, and coatings
Lens Options			
*Progressive (Standard plastic no-line)	\$50 Co-pay	\$75 Co-pay	
*Premium Progressive Options	20% Discount	No Discount	
*Glass lenses	15% Discount	15% Discount	
Polycarbonate	\$40 Co-pay	25% Discount	
High Index	\$80 Co-pay	25% Discount	
Coatings			
Scratch Resistant Coating	100% Covered	\$10 Co-pay	
Ultra Violet protection	100% Covered	\$10 Co-pay	
Other Options	Up to 25%	Up to 25%	
A/R, edge polish, tints, mirrors, etc.			
Frames			
Allowance based on retail pricing	\$70 Allowance	\$60 Allowance	\$50 Allowance
Additional Eyewear			
**Additional pairs of glasses throughout the year	Up to 50% off retail	Up to 25% off retail	
Contacts			
Contact benefits is I lieu of lens and frame benefit.			
Additional contact purchases			
Conventional	Up to 20% off	Retail	
Disposables	Up to 10% off	Retail	
Frequency			
Exams, Lenses, Frames, Contacts	Every 12 months	Every 12 months	Every 12 months
Refractive Surgery			
Lasik	\$500 off per eye	Not Covered	Not Covered

^{*}Co-pays for progressive lenses may vary. This is a summary of plan benefits. The actual policy will detail all plan limitations and exclusions.

Discounts

Any item listed as a discount in the benefit outline above is a merchandise discount only and not an insured benefit. Providers may offer additional discounts.

- ** 50% discount at Standard Optical locations only. All other Network discounts vary from 20% 35%.
- ***Must purchase full year supply to receive discounts on select brands. See provider for details.
- ****LASIK(Refractive surgery) Standard Optical Locations ONLY. LASIK services are not an insured benefit this is a discount only.

All pre & post operative care is provided by Standard Optical only and is based on Standard Optical retail fees.

Out of Network—Allowances are reimbursed at 78% when discounts are applied to merchandise. Promotional items or online purchases not covered. For more information please visit www.opticareofutah.com or call 800-363-0950.





Visit Our Providers

In Network Providers

Opticare of Utah has over 150 providers located in the State of Utah and over 20,000 nationwide.

To locate a provider in your area view our website:

www.opticareofutah.com

From the home page, click FND an Opticare Provider and search by network

In Network will allow you to locate providers in your area by zip code in the state of Utah.

Out of State will allow you to search our Nationwide Network to find a provider Out side of the state of Utah by zip code.

Out of Network Options

You may view instructions and download forms for Out of Network Claims using the Locate a Provider/Out-of-Network drop-down tab.

For any questions or concern please contact us at: (801) 869-2020 or (800) 363-0950

service@opticareofutah.com

Select In Network



Broad In Network



SHOPKO eyecare center







2017 benefits bookiet rage 19



Register and Print Member ID Cards Online

Printing member ID cards is simple! This guide will walk you through each step of the process.

- Access the member portal
 - 13 Go to www.opticareofutah.com
 - www.opticareofutah.com
 - (Ib) Click the "MEMBERS" link in the left navigation
 - MEMBERS
 - Click the "MANAGE YOUR ACCOUNT" banner



- Register as a new user
 - "If you have already registered, skip to step 3.
 - "Have your gateway registration code ready. (This is your full Member ID - Phase contact us if you need this for your initial registration - 1-800-363-0950)
 - Click on "Click here to register"



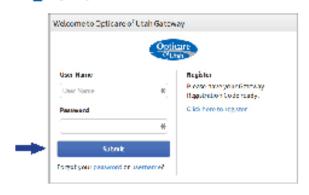
Click the drop down menu, select "Member"



Fill out the form with the necessary details, then click the "Submit" button



- Obtain ID Cards
 - 3a Log into your account



3b Hover over the menu icon, select "Print Temp. ID Card"





3 Print Temporary ID Card. Scoll down and click "Print"



Opticare of Utah 2014 @ Copyright Standard Optical, Inc. All Rights Reserved. Register and Print Member ID Cards Online Aid

FLEX SPENDING-FSA

Remember it is

USE IT or LOSE IT

What Is A Flexible Spending Account?

Sometimes referred to as a Cafeteria Plan, Flex Plan or a Section 125 Plan, a Flexible Spending Account (FSA) lets you set aside a certain amount of your paycheck into a health care reimbursement account or a dependent day care reimbursement account - before paying federal, state, or Social Security taxes. This can save you 20-30% on out-of-pocket costs, depending on your personal tax rate.

How Do Flexible Spending Accounts Work?

During open enrollment, you decide how much of your pay you want to deposit into your reimbursement account(s). When you have determined how much expense you will have for the upcoming plan year (January 1– December 31, 2017), that amount is divided evenly over 12 pay periods and is automatically deducted from your paycheck before taxes are assessed. Once eligible expenses are incurred, you simply file a request to receive reimbursement from your account.

How Do I Use My Flexible Spending Money?

For a health care reimbursement account, you have two ways of paying for eligible expenses with money you contributed to your flex account. You can elect to have a NBS Flex Card and the service provider is paid directly from your flex funds at the point of service OR you can pay for the expense out of your own pocket and then submit a claim seeking reimbursement by providing the receipt(s) to NBS. NBS processes claims daily so you will receive your reimbursement funds quickly. At your request, NBS can also set you up on a continual reimbursement program so that predictable expenses, such as day care, can be reimbursed automatically on a monthly basis.

Can I Make Changes During The Plan Year?

Contributions cannot be changed or stopped during the plan year unless a qualified life status change occurs. These are outlined in the FAQs section of this booklet. Please note that if employment with the District is discontinued, you will not be able to receive reimbursement for expenses incurred after you have discontinued employment.

What If I Don't Use All My FSA Money This Plan Year?

Careful planning is important! At the end of the plan year (December 31, 2017), if you have money "left over" in your health care reimbursement account, you can continue to incur claims and use your debit card (if applicable) or submit claims for those qualified health care expenses until March 15 following the plan year. The Internal Revenue Code does not allow the plan to return your unused contributions to you after March 15 following the plan year. Any contributions remaining after March 15 will be forfeited by the participant.

USE IT OR LOSE IT!!!

Page 21



2017 Benefits Booklet

FSA Health Care Account

A health care reimbursement account can be used to reimburse you or your family for out-of-pocket medical and dental expenses that are not typically paid by the District's medical and dental insurance programs.

The maximum annual contribution to a health care expense account is \$212.50 per month = \$2,550 per year

For a listing of eligible health care reimbursements go to: www.nbsbenefits.com

FSA Dependent Day Care Account

The dependent day care reimbursement account reimburses you for qualified day care expenses in order for you and your spouse (if married) to work and/or go to school.

To Qualify for dependent day care, your dependent(s) must be:

- ♦ A Child under the age of 13
- ♦ A child, spouse or other dependent that is physically or mentally incapable of self-care and spends at least 8 hours a day in your household

The maximum annual contribution to a dependent day care expense account is \$416.66 per month = \$5,000 per year

FSA Debit Card

Monthly fee to have the convenience of a FSA Debit Card = \$3.50 Monthly fee to have a FSA account without a Debit Card = \$2.00 Cards do not work for Dependent Daycare



Talk About Convenience!

The NBS Flex Card is a Master Card that is credited with the annual amount you elect to contribute toward a health care reimbursement account only (dependent day care reimbursement accounts are not eligible for the NBS Flex Card program). When you incur an eligible health care expense, you simply present your NBS Flex Card to the merchant and have them run the NBS Flex Card as a Master Credit Card. As you use the NBS Flex Card, your annual election balance will be reduced by the amount of your qualified purchases.



Basic Life Insurance



2017 Benefits Booklet

Contact Employees

- Full-time contract employees of the District, the cost of coverage for Basic Life is **PAID BY THE DISTRICT.**
- **Part-time** contract employees who elect to participate in basic term life insurance coverage will be assessed a proportional share of the cost of coverage based on their FTE status.

Granite School District basic life insurance policy is equal to an employee's base contract salary, rounded to the next higher number with maximum benefit of \$100,000.

Travel Assistance — You and dependents, when 100 or more miles away from home, or outside of your home country, can obtain emergency medical, travel, and personal security assistance 24 hours a day, anywhere in the world. You can find out more about this benefit by visiting the LifeMap website at LifeMapCo.com, click on Employers and Employees, then click on Our Plans at the far top left and click on Travel Assistance or by contacting United Healthcare Global Assistance Services directly at 1 -800-537-2029, your Global Assistance ID Number is 333191.

This product is not insured by LifeMap Assurance Company. It is a service provided and administered through UHC Global Assistance Services, a leading provider of international travel assistance services.

Voluntary Life Insurance

•			
Employee 1	Policy	Spouse ?	Policy
Policies issued in increments of:	\$10,000	Policies issued in increments of:	\$5,000
Minimum policy amount:	\$10,000	Minimum policy amount:	\$5,000
Guarantee issue amount new hires	\$400,000	Guarantee issue amount new hi	res \$50,000
Maximum policy amount:	\$500,000	Maximum policy amount:	\$100,000
Age limitation:	None	Age limitation:	None
Statement of health required for a existing) beyond the \$400,000 gu	•	Maximum policy amount can't e. by the employee.	xceed the elected amount
Rate based on employee's age and sired.	d the policy amount de-	Statement of health required for any increase (new and existing) beyond the \$50,000 guarantee issue.	
Rate based on employee's age and not the spous and the policy amount desired.		and not the spouse's age	
Unmarried Child	Policies issued in incremen	nts of: \$1,000	
Policy	Minimum policy amount:	\$1,000	
Toncy	Maximum policy amount:	\$10,000	
	Age limitation:	Age 26	

Statement of health not required for child policy.

Rate based on policy desired amount.

Voluntary Life Insurance Rates

EMPLOYEE POLICY Changes in age band rates take place on the next payroll following the age change. Rates per \$10,000 < 25 \$0.41 25-29 \$0.44 30-34 \$0.61 35-39 \$0.80 40-44 \$1.00 45-49 \$1.46 50-54 \$2.24 55-59 \$3.71 60-64 \$6.42 \$11.63 65-69 \$18.83 70-74 75-79 \$30.50

80-84

85 >

\$30.50

\$30.50

SPC)USE
POI	LICY
take place payroll follo	ge band rates on the next wing the age es per \$5,000
< 25	\$0.22
25-29	\$0.33
30-34	\$0.39
35-39	\$0.44
40-44	\$0.50
45-49	\$0.77
50-54	\$1.38
55-59	\$2.26
60-64	\$4.13
65-69	\$7.08
70 >	\$11.55

POLICY Not based on age but rather policy amount elected. Rates per \$1,000 \$1,000 \$0.19 \$2,000 \$0.38 \$3,000 \$0.57 \$4,000 \$0.75 \$5,000 \$0.94 \$6,000 \$1.13 \$7,000 \$1.31 \$8,000 \$1.50 \$9,000 \$1.69 \$10,000 \$1.87

CHILD



Only when an employee purchases a voluntary life insurance policy on themselves can they purchase additional life insurance for their spouse and dependent children.

Where both spouses work for the District, each employee and dependent(s) may not be covered more than once.

To Determine The Monthly Premium

1.	Find the employees age bracket in the respective table below. Remember! An employee's age is used for calculating rates for	POLICY	POLICY
	both an employee policy and a spouse policy.		
	Write the rate shown in the age bracket here		
2.	Determine the policy amount you would like.		
	Write the policy amount you would like here		
3.	Divide the policy amount you would like by the respective policy		
	increment in which a policy is issued (employee policies issued in		
	increments of \$10,000; spouse policies issued in increments of \$5,000).		
	State the policy amount in increments		
4.	Multiply the age bracket rate (1) by the policy increment (3).		
	This is the monthly premium for optional term life policy coverage		

Page 24 2017 Benefits Booklet

Voluntary AD&D Insurance

An accidental death and dismemberment policy (also known as AD&D) is a form of insurance covering very specific types of injuries or death as a result of an accident. In the event of accidental death, an AD&D policy will pay benefits *in addition* to any life insurance held. There are some exclusions to an AD&D policy such as death by illness, natural causes or suicide.

EMPLOYEE ONLY POLICY

Policies issued in increments of: \$10,000

Rate per ten thousand: \$0.17

Minimum policy amount: \$20,000

Maximum policy amount: \$500,000

Policy only covers the employee only

FAMILY PROTECTION POLICY

Policies issued in increments of: \$10,000

Rate per ten thousand: \$0.25

Minimum policy amount: \$20,000

Maximum policy amount: \$500,000

- Policy that lists employee, spouse and children:
 Spouse eligible for 40% of the policy amount; children eligible for 10% of the policy amount
- Policy that lists the employee and their spouse:
 Spouse eligible for 50% of the policy amount
- Policy that lists children only:
 Children eligible for 15% of the policy amount

ACCIDENTAL LOSS OF	BENEFIT
Life	100%
A hand	50%
A foot	50%
Sight in one eye	50%
Any combination of the above	100%
Thumb and index finger on same hand	25%
Speech and hearing in both ears	100%
Speech	50%
Hearing in both ears	50%
Paralysis of one arm and one leg/same side	50%
Paralysis of both legs	50%
Paralysis of both arms and both legs	100%

To determine the monthly premium of a Employee Only policy:

- 1. Determine the policy amount you desire ...>
- 2. Divide the policy amount by \$10,000 increments.....>
- 3. Rate per \$10,000.....>
- Multiply the increments (2) by the rate (3)
 This is the monthly premium for coverage...>

POLICY	FAMILY POLICY
<u>\$0.17</u>	\$0.25

Page 25 2017 Benefits Booklet

Disability Insurance

ætna

Accidents and illnesses tend to be unpredictable events. If you become disabled, your ability to make a living could be restricted. What would happen if you were unable to work for weeks, months or even years? Disability coverage replaces a percentage of your income on a monthly basis in the event you are unable to work due to an accident or illness.

Granite's disability insurance program is a "bundled" program. If you participate in disability insurance coverage, you will be enrolled in both short and long-term disability coverage.

Long Term Disability

- For permanent and continuous disability (greater than 120 calendar days in duration calculated from last day worked)
- Claim considered once the "LTD Elimination Period" has been reached - an absence greater than 120 calendar days calculated from last day worked
- Subject to submitting a comprehensive application and medical history documenting the incapacitation and permanence of the disability
- Paid benefits subject to medical health underwriting and approval from the carrier
- Paid benefit subject to ongoing medical recertification as established by the carrier
- Benefit rate: 66 2/3% of base contract salary for teachers, classified and secretarial employees; 60% of base contract salary for middle managers and administrators. Max benefit normal retirement age.
- If claim is awarded, employee loses employment status with GSD as of the date of the award
- Medical insurance and basic term life insurance coverage, for the former employee only (not spouse/children), continues for 24 months (only) from date of award at no cost to former employee
- For duration of award status, former employee continues to accrue years of service credit toward a future full retirement with Utah Retirement Systems
- NOTE: The long-term disability plan does not cover pre-existing conditions that existed 3 months prior to the start of your coverage unless the disability began after being covered for twelve consecutive months under the disability program.

Short Term Disability

- For temporary disability (defined as 120 calendar days or less in duration calculated from first contract day missed)
- Provisional contract employees are not eligible to participate in STD coverage
- Intended to serve as an "income bridge" for employees with little or no accrued leave balances.
 "Bridges" the period of time between a temporary disability and a return to work OR toward fulfilling the "LTD Elimination Period" in order to submit a claim for long-term disability benefits
- Subject to submitting an initial application and medical statement documenting the temporary disability and a short waiting period without pay
- Paid benefit subject to medical re-certification on a monthly basis
- Benefit rate: 80% of daily rate
- Employee remains deemed an active employee
- Insurance coverage elections continue while receiving short-term disability benefits
- Sick leave, personal/vacation leave and years of service do not accrue while receiving short-term disability benefits
- NOTE: The short-term disability plan does not provide coverage for any short-term disability resulting from or related to a condition which existed prior to the effective date of coverage

Page 26 2017 Benefits Booklet

Disability Insurance



Why Have Disability Insurance

Accidents and illnesses tend to be unpredictable events. If you become disabled, your ability to make a living could be restricted. What would happen if you were unable to work for weeks, months or even years? Disability coverage replaces a percentage of your income on a monthly basis in the event you are unable to work due to an accident or illness.

Granite's disability insurance program is a "bundled" program. If you participate in disability insurance coverage, you will be enrolled in both short and long-term disability coverage.

Teachers:

- Participation in the disability insurance program is voluntary and you must elect to have and pay for disability coverage.
- The benefit maximum is to normal social security retirement age
- The cost of disability insurance coverage is listed below.

	Semi-Monthly	Monthly
<\$34,999	\$9.00	\$18.00
\$35,000—\$49,999	\$9.25	\$18.50
\$50,000—\$64,999	\$9.50	\$19.00
>\$65,000	\$10.00	\$20.00

Is The Disability Benefit Taxable

Short-term disability benefit payments are taxable for all classes of employees. Long-term disability benefit payments are taxable for all classes of employees except for teachers.

Page 27 2017 Benefits Booklet

Accident\Critical Illness Insurance



Accident insurance can help provide you with a cushion to help cover expenses and living costs when you get hurt unexpectedly. While you can count on health insurance to cover medical expenses, it doesn't usually cover indirect costs that can arise with a serious or even not-so-serious injury. You may end up paying out of your own pocket for things like transportation, over-the-counter medicine, day care or sitters and extra help around the house. With accident insurance, the benefits you receive can help take care of these extra expenses and anything else that comes up.

Critical Illness insurance provides a lump sum benefit to help you cover the out-of-pocket expenses associated with a critical illness diagnosis.

Accident\Critical Illness Insurance You Can Have Peace Of Mind

- ◆ Coverage is guaranteed issue no evidence of insurability required at initial enrollment.
- Benefits are paid directly to you unless assigned to someone else.
- Benefits are paid in addition to any other coverage.
- Coverage that supplements your exiting medical benefits
- Coverage is portable and may be continued if the employee leaves the group.
- ♦ Employee or Family coverage available.

Accident Plan Highlights Include

- ♦ Accidental Death & Dismemberment coverage up to \$40,000
- ◆ Dislocation & Fracture benefits up to \$4,000/\$6,000
- ♦ Initial Hospital Confinement of \$1,500/\$2,000, Daily Hospital Confinement of \$200/\$300 a day
- ♦ Physical Therapy of \$30/day for up to 6 treatments per accident
- Outpatient Physician's Treatment Benefit of \$50/\$100 available for visiting a doctor on an outpatient basis for any reason (can be claimed up to twice per calendar year, per person or four times with dependent coverage)

Critical Illness Plan Highlights Include

- ♦ Coverage for diagnosis of Heart Attack, Stroke, Coronary Artery By-Pass Surgery, Major Organ Transplant, End Stage Renal Failure, Invasive Cancer, Carcinoma In Situ.
- Wellness Benefit pays \$50 per covered person, per year, for completing a covered wellness exam.
- ♦ Waiver of Premium included.

For a complete description of benefits, please refer to brochure of plan design or certificate of coverage. Allstate Benefits is the marketing name used by American Heritage Life Insurance Company (Home Office, Jacksonville, FL), a wholly-owned subsidiary of The Allstate Corporation.

Page 28 2017 Benefits Booklet

Accident\Critical Illness Insurance



	Low Plan	High Plan		
Accidental Death & Dismemberment Coverage (Benefit amount payable is multiplied by 5 when accidental death is the result of a Common Carrier)	Up to \$40,000 Employee; \$20,000 Spouse; \$10,000 Children	Up to \$60,000 Employee; \$30,000 Spouse; \$15,000 Children		
Dislocations & Fractures	Up to \$4,000	Up to \$6,000		
Ambulance	\$200 Regular/\$600 Air	\$300 Regular/\$900 Air		
Accident Physician's Treatment	\$100	\$150		
X-Rays	\$200	\$300		
Emergency Room Services	\$200	\$300		
Hospital Confinement	\$1,000 (\$200/day)	\$1,500 (\$300/day)		
Outpatient Physician's Treat- ment Benefit	\$50	\$50		

Monthly Premiums

	EE	EE+SP	EE+CH	F	
Low Plan	\$7.60	\$17.36	\$26.94	\$36.82	
High Plan	\$10.2	\$23.82	\$35.97	\$47.49	

Page 29 2017 Benefits Booklet





Benefits
Critical Illness insurance provides a lump sum benefit to help you cover the out-of-pocket expenses associated with a critical illness diagnosis.

With Allstate Benefits Group Critical Illness Insurance you can have peace of mind knowing -

Coverage is **GUARANTEE ISSUE** – Allstate extended the guarantee issue offer – no health questions asked even if you've declined this plan in past years

Benefits are paid directly to you unless assigned.

Coverage that supplements your existing medical benefits.

Coverage is portable and may be continued if Employee leaves the group.

Covered dependents receive 50% of the basic-benefit amount shown in your employer-selected plan, and 100% of the Wellness Benefit.

Plan Highlights include* -

Coverage for diagnosis of Heart Attack, Stroke, Coronary Artery By-Pass Surgery, Major Organ Transplant, End Stage Renal Failure, Invasive Cancer, Carcinoma In Situ.

tohacco

LOW PLAN - \$10,000 BASIC BENEFIT AMOUNT

LOW PLAN - \$10,000 BASIC BENEFIT AMOUNT

non-tobacco

			_	_
Ages	EE	EE+SP	EE+CH	F
18-35	\$7.95	\$12.05	\$7.95	\$12.05
36-50	\$18.15	\$27.35	\$18.15	\$27.35
51-60	\$37.85	\$56.90	\$37.85	\$56.90
61-63	\$59.05	\$88.70	\$59.05	\$88.70
64+	\$87.65	\$131.60	\$87.65	\$131.60

tobacco		_	_	
Ages	EE	EE+SP	EE+CH	F
18-35	\$12.55	\$18.95	\$12.55	\$18.95
36-50	\$30.85	\$46.40	\$30.85	\$46.40
51-60	\$64.55	\$96.95	\$64.55	\$96.95
61-63	\$93.15	\$139.85	\$93.15	\$139.85
64+	\$138.95	\$208.55	\$138.95	\$208.55

HIGH PLAN - \$20,000 BASIC BENEFIT AMOUNT

HIGH PLAN - \$20,000 BASIC BENEFIT AMOUNT

non-tobacco

Ages	EE EE+SP EE+CH		EE+CH	F
18-35	\$13.66	\$20.61	\$13.66	\$20.61
36-50	\$34.06	\$51.21	\$34.06	\$51.21
51-60	\$73.46	\$110.31	\$73.46	\$110.31
61-63	\$115.85	\$173.90	\$115.85	\$173.90
64+	\$173.05	\$259.70	\$173.05	\$259.70

topacco		_	_	
Ages	EE	EE+SP	EE+CH	F
18-35	\$22.84	\$34.39	\$22.84	\$34.39
36-50	\$59.45	\$89.30	\$59.45	\$89.30
51-60	\$126.85	\$190.40	\$126.85	\$190.40
61-63	\$184.07	\$276.22	\$184.07	\$276.22
64+	\$275.66	\$413.61	\$275.66	\$413.61

Wellness Benefit pays \$50 per covered person, per year, for completing a covered wellness exam.

Page 30 2017 Benefits Booklet

Welfare Association

Is a way for employees to help take care of employees. When a Welfare Association member passes away, all other current participating association members make a one-time \$5.00 contribution via payroll deduction to the designated beneficiary of the deceased member. Membership in the Welfare Association is voluntary, benefit payments may vary depending on the number of members

Being A Member

- Welfare Association membership is applicable only to an employee spouses and dependent children are not covered.
- Membership in the Welfare Association is completely voluntary and can be cancelled during.
- There is no cost for participation in the Welfare Association unless a current participating Association member passes away.
- ♦ No Welfare Association benefit will be payable during the first twelve (12) months of membership unless the death is deemed accidental as per a Certified Death Certificate.
- Participation and benefits in the Association end when you terminate employment and/or retire employment from the District. No continuation privileges are available when employment ends.

Insurance Rates

Dental Select Rates

	Silver Semi- Monthly Monthly		Silver Gold Medium		Gol	Gold High		tinum
Plans			Plans Monthly N		Monthly	Semi- Monthly	Monthly	Semi- Monthly
Single	\$1.00	\$2.00	\$7.00	\$14.00	\$10.00	\$20.00	\$16.00	\$32.00
Two-Party	\$2.00	\$4.00	\$13.00	\$26.00	\$17.00	\$34.00	\$30.00	\$60.00
Family	\$4.50	\$9.00	\$21.00	\$42.00	\$27.00	\$54.00	\$52.00	\$104.00

Vision Rates

Plans	Semi- Monthly	Monthly
Single	\$1.00	\$2.00
Two-Party	\$2.00	\$4.00
Family	\$4.50	\$9.00

Page 33

2017 EMPLOYEE MEDICAL CONTRIBUTION RATES

Employees whose rates don't meet 9.5% affordability will automatically be adjusted

Insurance Company Name Select Health Regence Blue Cross Blue Shield								
Plan N	lame	Select Med	l & Value Ca	re	Sele	ct Med Plus (& Value Car	e Plus
F	Rates Semi-Mor	nthly Month	nly GSD	GWB Ir centive	9	hly Monthly	GSD	GWB In- centive Monthly
Full-Time (1.0 FTE)								
EE	\$19.70	\$39.40	\$523.49	\$49.40	\$20.10	\$40.20	\$534.07	\$50.20
EE & Child	\$38.42	\$76.84	\$1,020.81	\$86.84	\$39.20	\$78.39	\$1,041.43	\$88.39
EE & Children	\$56.15	\$112.30	\$1,491.95	\$122.30	\$57.29	\$114.57	\$1,522.09	\$124.57
EE & Spouse	\$90.29	\$180.58	\$1,024.02	\$190.58	\$92.11	\$184.22	\$1,044.70	\$194.22
EE & Sp & Child(ren)	\$126.74	\$253.47	\$1,457.73	\$263.47	\$129.30	\$258.59	\$1,487.18	\$268.59
Part-Time (.8750 FTE)								
EE	\$35.18	\$70.36	\$492.53	\$80.36	\$35.89	\$71.78	\$502.48	\$81.78
EE & Child	\$68.61	\$137.21	\$960.44	\$147.21	\$69.99	\$139.98	\$979.84	\$149.98
EE & Children	\$100.27	\$200.53	\$1,403.72	\$210.53	\$102.29	\$204.58	\$1,432.08	\$214.58
EE & Spouse	\$98.40	\$196.79	\$1,007.84	\$206.79	\$100.38	\$200.77	\$1,028.16	\$210.77
EE & Sp & Child(ren)	\$139.27	\$278.55	\$1,432.65	\$288.55	\$142.09	\$284.18	\$1,461.59	\$294.18
Part-Time (.83 FTE)								
EE	\$47.85	\$95.69	\$467.20	\$105.69	\$48.82	\$97.63	\$476.64	\$107.63
EE & Child	\$93.30	\$186.60	\$911.05	\$196.60	\$95.19	\$190.37	\$929.45	\$200.37
EE & Children	\$136.36	\$272.72	\$1,331.53	\$282.72	\$139.12	\$278.23	\$1,358.43	\$288.23
EE & Spouse	\$102.39	\$204.78	\$999.81	\$214.78	\$104.46	\$208.92	\$1,020.01	\$218.92
EE & Sp & Child(ren)	\$145.45	\$290.90	\$1,420.30	\$300.90	\$148.39	\$296.78	\$1,448.99	\$306.78
Part-Time (.80 FTE)								
EE	\$56.29	\$112.58	\$450.32	\$122.58	\$57.43	\$114.85	\$459.41	\$124.85
EE & Child	\$109.77	\$219.53	\$878.12	\$229.53	\$111.98	\$223.96	\$895.85	\$233.96
EE & Children	\$160.43	\$320.85	\$1,283.40	\$330.85	\$163.67	\$327.33	\$1,309.33	\$337.33
EE & Spouse	\$120.46	\$240.92	\$963.68	\$250.92	\$122.90	\$245.79	\$983.14	\$255.79
EE & Sp & Child(ren)	\$171.12	\$342.24	\$1,368.96	\$352.24	\$174.58	\$349.15	\$1,396.61	\$359.15
Part-Time (.75 FTE)								
EE	\$70.36	\$140.72	\$422.17	\$150.72	\$71.79	\$143.57	\$430.70	\$153.57
EE & Child	\$137.21	\$274.41	\$823.23	\$284.41	\$139.98	\$279.95	\$839.86	\$289.95
EE & Children	\$200.53	\$401.06	\$1,203.19	\$411.06	\$204.58	\$409.16	\$1,227.49	\$419.16
EE & Spouse	\$150.58	\$301.15	\$903.45	\$311.15	\$153.62	\$307.23	\$921.70	\$317.23
EE & Sp & Child(ren)	\$213.90	\$427.80	\$1,283.40	\$437.80	\$218.22	\$436.44	\$1,309.33	\$446.44
Contract Employees on C								

year, 1/1/17-12/31/17.
Employees who do not complete the Biometric Screening & HRA will be charged an extra \$10 per month for the 2018 Plan Year.

2017 Benefits Booklet

2017 EMPLOYEE MEDICAL CONTRIBUTION RATES

Employees whose rates don't meet 9.5% affordability will automatically be adjusted

Insurance Company Name								
Plan Name	Select Med & Value Care				Select Med Plus & Value Care Plus			
				GWB Incen-				GWB Incen-
Rates	Semi-Monthly	Monthly	GSD		Semi-Monthly	Monthly	GSD	tive Monthly
Part-Time (.69 FTE)								
EE	\$87.25	\$174.50	\$388.40	\$184.50	\$89.01	\$178.02	\$396.24	\$188.02
EE & Child	\$170.14	\$340.27	\$757.38	\$350.27	\$173.57	\$347.14	\$772.67	\$357.14
EE & Children	\$248.66	\$497.32	\$1,106.93	\$507.32	\$253.68	\$507.36	\$1,129.29	\$517.36
EE & Spouse	\$186.71	\$373.42	\$831.17	\$383.42	\$190.49	\$380.97	\$847.96	\$390.97
EE & Sp & Child(ren)	\$265.24	\$530.47	\$1,180.73	\$540.47	\$270.60	\$541.19	\$1,204.58	\$551.19
Part-Time (.67 FTE)								
EE	\$92.88	\$185.76	\$377.14	\$195.76	\$94.76	\$189.51	\$384.76	\$199.51
EE & Child	\$181.11	\$362.22	\$735.42	\$372.22	\$184.77	\$369.54	\$750.28	\$379.54
EE & Children	\$264.70	\$529.40	\$1,074.85	\$539.40	\$270.05	\$540.10	\$1,096.56	\$550.10
EE & Spouse	\$198.76	\$397.52	\$807.08	\$407.52	\$202.78	\$405.55	\$823.38	\$415.55
EE & Sp & Child(ren)	\$282.35	\$564.70	\$1,146.51	\$574.70	\$288.05	\$576.10	\$1,169.66	\$586.10
Part-Time (.6250 FTE)								
EE	\$105.55	\$211.09	\$351.81	\$221.09	\$107.68	\$215.35	\$358.92	\$225.35
EE & Child	\$205.81	\$411.62	\$686.03	\$421.62	\$209.97	\$419.93	\$699.89	\$429.93
EE & Children	\$300.80	\$601.59	\$1,002.66	\$611.59	\$306.88	\$613.75	\$1,022.91	\$623.75
EE & Spouse	\$225.86	\$451.72	\$752.87	\$461.72	\$230.43	\$460.85	\$768.08	\$470.85
EE & Sp & Child(ren)	\$320.85	\$641.70	\$1,069.50	\$651.70	\$327.33	\$654.66	\$1,091.11	\$664.66
Part-Time (.562 FTE)								
EE	\$123.28	\$246.55	\$316.35	\$256.55	\$125.77	\$251.53	\$311.37	\$261.53
EE & Child	\$240.39	\$480.77	\$616.88	\$490.77	\$245.24	\$490.48	\$607.17	\$500.48
EE & Children	\$351.33	\$702.66	\$901.59	\$712.66	\$358.43	\$716.86	\$887.40	\$726.86
EE & Spouse	\$263.81	\$527.61	\$676.98	\$537.61	\$269.14	\$538.27	\$666.33	\$548.27
EE & Sp & Child(ren)	\$374.76	\$749.51	\$961.70	\$759.51	\$382.33	\$764.65	\$946.56	\$774.65
Part-Time (.50 FTE)								
EE	\$134.61	\$281.45	\$281.45	\$291.45	\$137.33	\$287.14	\$287.14	\$297.14
EE & Child	\$262.49	\$548.83	\$548.83	\$558.83	\$267.79	\$559.91	\$559.91	\$559.91
EE & Children	\$383.63	\$802.13	\$802.13	\$812.13	\$391.38	\$818.33	\$818.33	\$828.33
EE & Spouse	\$288.06	\$602.30	\$602.30	\$612.3	\$293.88	\$614.47	\$614.47	\$624.47
EE & Sp & Child(ren)	\$409.21	\$855.60	\$855.60	\$865.60	\$417.48	\$872.89	\$872.89	\$882.89

2017 Benefits Booklet Page 35

Employees who do not complete the Biometric Screening & HRA will be charged an extra \$10 per month for the 2018 Plan Year.



Frequently Asked Questions

ARE THERE PLANS THAT REQUIRE ME TO RE-ENROLL FROM YEAR-TO-YEAR?

YES!!! Flexible spending reimbursement account elections never "automatically" continue from year-to-year. If you participate in a flexible spending reimbursement account, you must re-enroll for the 2017 plan/calendar year.

WHEN IS THE LAST DAY I CAN ENROLL?

The open enrollment period ends on October 19, 2016 at 5:00 p.m. No exceptions will be made to the deadline regardless of the circumstance provided for missing or being late after the deadline.

HOW MUCH DOES GRANITE CONTRIBUTE TOWARD MEDICAL INSURANCE?

Overall, Granite contributes 93% of the medical insurance contribution for full-time employees and their non-spouse dependents. For full-time employees who elect to cover their spouse, the District contributes 78% of the medical insurance contribution.

HOW CAN I GET A LIST OF PARTICIPATING DOCTORS AND DENTISTS?

The most current list of participating providers (for medical and dental insurance plans) can be found on the respective company's web site. See the "Contact Information" page of this booklet for each insurance company's customer service telephone number and/or website address. The District Benefits Office does NOT have printed provider directories to give you.

HOW OLD IS TOO OLD FOR MY DEPENDENT CHILD(REN) TO BE COVERED?

Dependents can be covered up to age 26, insurance will end at midnight the day of their birthday.

• WHAT HAPPENS IF I FAIL TO REMOVE AN INELIGIBLE DEPENDENT?

Failure to remove an ineligible dependent (ex-spouse or child) from the plan within 30 calendar days of their loss of eligibility is considered insurance fraud. Employees who fail to remove ineligible dependents in a timely manner: 1) will be responsible to pay the actual claims payments made by the plan for any care or services received by the ineligible dependent after the loss of eligibility, 2) waive the right to premium contribution adjustments that have been made by the employee through payroll deduction after the dependent was ineligible, 3) may waive the right to COBRA for the ineligible dependent and, 4) could subject the employee to District disciplinary action.

WHAT IS MEANT BY A "QUALIFIED LIFE STATUS CHANGE" AND HOW DOES IT EFFECT MY BENEFIT ELECTIONS?

Once you enroll, your elections are binding until the next annual open enrollment period in accordance with Section 125 of Internal Revenue Service (IRS) regulations. The only exception allowed is if you experience a "life status change" that qualifies you to make a change and the change is consistent with the event. Qualifying events include life-altering events such as marriage, divorce or legal separation, birth or adoption of a child, death of a spouse or dependent child, or gain or loss of employment and benefits for you, your spouse or your dependent child or if you are increasing/cancelling voluntary life insurance.

Employees who experience a qualified life status change outlined above have 30 calendar days from the date the qualified event occurred to complete the applicable change form with the District Benefits Office in order to modify the level of coverage (not the type of coverage) they participate in.



Page 36

2017 Benefits Booklet

Frequently Asked Questions... Cont.



WHAT PLANS HAVE LIMITATIONS, RESTRICTIONS, OR EXCLUSIONS?

VOLUNTARY TERM LIFE INSURANCE

Coverage may be declined based upon medical health underwriting by the insurance carrier. Coverage that is subject to medical health underwriting is not effective until approval is received from the insurance company. The District will not begin to assess premium contributions until approval is received from the insurance carrier.

SHORT-TERM DISABILITY

Provisional employees of the District are not eligible for coverage under the short-term disability plan. Coverage for teachers may be declined based upon medical health underwriting by the insurance carrier. Coverage subject to medical health underwriting is not effective until approval is received from the insurance company. The District will not begin to assess premium contributions until approval is received from the insurance carrier. The plan does not provide coverage for any short-term disability resulting from or related to a condition which existed prior to the effective date of coverage.

LONG-TERM DISABILITY

After the 2017 open enrollment, coverage for teachers may be declined based upon medical health underwriting by the insurance carrier. Coverage that is subject to medical health underwriting is not effective until approval is received from the insurance company. The District will not begin to assess premium contributions until approval is received from the insurance carrier. The plan does not cover pre-existing conditions that existed 3 months prior to the start of your coverage unless the disability began after being covered under the long-term disability plan for 12 consecutive months.

WILL I RECEIVE NEW ID CARDS FOR 2017?

It depends. You will receive new ID cards for medical. You will only receive new ID cards for vision, or flex spending if you changed plans from 2016 to 2017 or enrolled in these plans for the first time. If you misplace your ID cards or desire an extra ID card, you can request them by contacting the insurance company directly. See the "Contact Information" pages of this booklet for each insurance company's customer service telephone number and/or web site address.

MY SPOUSE ALSO WORKS FOR GSD AS A CONTRACT EMPLOYEE. HOW DOES INTERNAL DUAL COVERAGE WORK?

If an employee is eligible for coverage under the District's medical plan and is also eligible as the spouse of another covered employee, the two coverages will supplement one another so that the benefit payments for such individuals with internal dual coverage will be made up to 100% of the eligible medical expense.

Internal dual coverage status is not automatic. For internal dual coverage medical benefits to apply, each eligible employee seeking internal dual coverage status must re-enroll in the dual coverage during the mandatory on-line enrollment for 2017. Both employees must select the same medical tier and insurance company administering coverage (i.e., both employees must select coverage under a Regence BlueCross BlueShield plan or both must select coverage under a SelectHealth plan).

HOW CAN I CHANGE MY BENEFICIARY?

Employees may change beneficiary designations for basic life insurance, voluntary life insurance, voluntary accidental death and dismemberment insurance, 401(k) participation and Utah State Retirement defined benefit plans at any time. Change forms are available from the District Benefits Office. You can also change this during the online enrollment

WILL I HAVE TO KNOW THE SOCIAL SECURITY NUMBERS (SSNs) FOR COVERED DEPENDENTS WHEN I RE-ENROLL?

Yes, the District is required to comply with the Center for Medicare & Medicaid (CMS) Medicare Secondary Payer Mandatory Reporting requirements effective January 1, 2017 SSNs for <u>all</u> subscribers and <u>existing</u> dependents are required by CMS (Center for Medicare & Medicaid).

Page 37 2017 Benefits Booklet

Definitions

DEDUCTIBLE—A deductible is a fixed dollar amount during the plan year (calendar year) that an insured person pays before the insurer starts to make payments for covered services.

COINSURANCE—A fixed percentage that a participant pays for medical expenses after the deductible amount is paid.

COPAYMENT—A fixed dollar amount that a participant pays when a specified medical service is received, regardless of the total charge for the service. The insurer (Granite School District) is responsible for the rest of the total charge.

FORMULARY—A formulary is a list of prescription drugs that are preferred by a health plan for use. A formulary may include generic and brand-name drugs and is subject to change as determined by the health plan.

GENERIC REQUIREMENT—Granite's policy requiring a participant to receive generic drugs when available.

HEALTH MAINTENANCE ORGANIZATION (HMO) HEALTH PLAN—A health care system in which participants obtain comprehensive health care services from a specified list of "in-network" providers/facilities who receive a fixed prepayment from the insurer.

INDEMNITY PLAN—A type of medical plan that allows the participant to choose any provider without effect on reimbursement. These plans reimburse the patient and/or providers as expenses are incurred.

IN-NETWORK/PREFERRED PROVIDER—A medical provider (doctor, hospital, pharmacy) who is a member of a health plan's network.

OUT-OF-POCKET (OOP) ANNUAL MAXIMUM—The maximum dollar amount per calendar year of eligible medical charges payable by a member directly to providers, such as deductibles, copayments and coinsurance. Except as otherwise noted in the plan, the plan will pay up to 100% of medical charges during the remainder of the plan year once the out-of-pocket annual maximum is satisfied.

PREFERRED PROVIDER ORGANIZATION (PPO) HEALTH PLAN—A plan where coverage is provided to participants through a network of selected health care providers (physicians, hospitals, pharmacies). The participant is allowed the flexibility to receive services "out-of-network" but will incur larger costs in the form of higher deductibles, higher coinsurance rates or non-discounted charges from the provider.

Initial Notice of COBRA Continuation Coverage

All family members must read this notice carefully. This notice applies to any employee, spouse and/or dependent covered by the employer's group health plan. If you have questions regarding any of the information contained in this notice, it is your responsibility to contact the employer or Plan administrator.

"You" in this notice refers to the employee, spouse or dependent child who is (or becomes) covered under the health plan.

This notice contains a summary of your health insurance continuation rights under federal COBRA law. **This notice DOES NOT change or alter your current status on the insurance plan(s) in any way.** If you are (or become) insured under the employer's group health plan as the employee, spouse or dependent child of the employee, you may be eligible for continuation coverage if you would lose coverage due to a qualifying event such as:

- 1. Employee's Voluntary Termination
- 2. Employee's Involuntary Termination
- 3. Employee's Reduction of Hours
- 4. Death of the Employee

- 5. Employee's Medicare Entitlement
- 6. Divorce or Legal Separation
- 7. A Dependent Child Ceasing to be a Dependent
- 8. The Bankruptcy of the Employer *Title XI,U.S. Code

PLAN INFORMATION: For detailed plan information, please refer to your insurance booklet. Your "insurance booklet" may be referred to as a Summary Plan Description (SPD), benefits booklet or Certificate of Coverage which may be available by contacting the employer or plan administrator listed above. The information contained in the insurance booklet may not be altered by any statements made by representatives of the employer. Some states also have health insurance continuation rules. Please check your insurance booklet for further information regarding specific state continuation laws that may apply to you.

YOUR REPORTING RESPONSIBILITIES: The employee, spouse and/or dependent child would have the responsibility to inform the employer or plan administrator of a divorce or legal separation or a dependent child ceasing to be a dependent child within 60 days. Plan terms regarding a dependent's eligibility status may be found in your insurance booklet. The 60-day period would run from the later of the event date of the date coverage is lost due to the event. If the employer or plan administrator does not become informed of one of these events by the end of the 60-day period, continuation coverage might not have to be offered. The employer has a form in his/her office that may be completed and submitted to the employer or plan administrator if you or a family member would experience one of these events.

COBRA QUALIFIYING EVENT NOTICE: If a loss of group health insurance coverage would occur due to a qualifying event, the employer or plan administrator would notify you of your right to elect continuation coverage (subject in certain instances to you informing the employer or plan administrator that an event occurred as outlined in the previous paragraph).

COBRA QUALIFIED BENEFICIARIES: Each employee, spouse and dependent child covered under the group health plan at the time of a qualifying event would be a qualified beneficiary and would have independent rights under COBRA. Additionally, a child born to or placed for adoption with the covered employee during the period of continuation coverage will be provided beneficiary status under COBRA if the covered employee elects to continue coverage and if the child is enrolled in the plan. Incapacitated qualified beneficiaries would have special rights. If a qualified beneficiary were incapacitated, other specific individuals could elect on his/her behalf by contacting the employer or plan administrator listed on page one. COBRA qualified beneficiaries may also be allowed all options that active employees have under the plan, under the same terms and condition as active employees.

COBRA ELECTIONS: You would be allowed 60 days to make an election of continuation coverage (60-days from the later of the date of the notice or the date your group health insurance coverage would end due to the qualifying event). In most instances, if continuation coverage were elected and paid for within the proper time frames, your coverage would continue without interruption. The employer or plan administrator does reserve the right to verify your eligibility if you did elect continuation coverage, and if you were not eligible, they reserve the right to terminate that coverage retroactively. Under certain circumstances, COBRA time frames could be extended beyond those outlined in this notice. If you sign a waiver regarding your continuation coverage, you may revoke the waiver during the election period. Any claims that occur within the waiver period might not be covered.

HMO INFORMATION: If you participated in an HMO or a walk-in clinic, and you used the provider's services during the election period, the employer's plan may allow the employer, at the employer's option, to treat such use as a constructive election of COBRA continuation coverage. You would be obligated to pay any applicable charge for the coverage within 45 days of the constructive election. Not all employers recognize constructive elections. HMOs may provide region specific coverage. For a COBRA qualified beneficiary moving outside the region, coverage may be reduced similarly to that of active employees outside of the region; however, if an existing plan would cover active employees in that region, qualified beneficiaries must be allowed the option of coverage on that plan. In certain circumstances, coverage may be eliminated or provided for emergency services only. Please refer to your insurance booklet for specific information.

Initial Notice of COBRA Continued

PREMIUM PAYMENTS: If you were to elect, you would be allowed 45 days from the date you elect COBRA continuation coverage to pay the premiums due from the loss of coverage date (retroactive premium). The 45-day period would begin on the date your election was sent to the employer or plan administrator. In order to maintain your eligibility for continuation coverage, the retroactive premium should be paid by the 45th day. Premium payments may be made in monthly increments. Under certain circumstances, COBRA premiums may be paid on a pre-tax basis under a Section 125 (cafeteria) plan established by the employer. The employer may charge up to 102% of the regular group health premium for continuation coverage. You would be allowed a 30-day grace period on each monthly premium (longer than 30 days if the employer or an active employee has a longer period). Failure to pay any premium (retroactive, monthly, etc.) could cause your continuation of coverage to be retroactively terminated.

DURATION OF COVERAGE: If you were to continue your group health insurance coverage under COBRA, you would be provided the same coverage as similarly situated employees. Under COBRA, health insurance coverage may be continued for 18 months if the qualifying event were termination or a reduction in hours. The other events (excluding bankruptcy) would allow 36 months of continuation coverage. Bankruptcy of the employer has special rules that would pertain to the company's retirees. The continuation coverage time periods will run from the date of the qualifying event.

COBRA EXTENSIONS: The 18-month period (following a termination or reduction in hours) could be extended if another qualifying event (death of the employee, divorce or legal separation, employee's Medicare entitlement or a dependent child ceasing to be a dependent) were to occur during that 18-month period. You would need to notify the employer or plan administrator if you were to experience a second qualifying event and would like to extend your coverage. If any qualified beneficiary were to be deemed disabled by the Social Security Administration before the end of the first 60 days of continuation coverage, all qualified beneficiaries may be eligible to extend their COBRA coverage up to 29 months from the date of the termination or reduction of hours. To receive this additional coverage, the employer or plan administrator must be notified of the disability determination before the expiration of the 18 months and within 60 days of the determination. The employer or plan administrator would also need to be notified that qualified beneficiaries were deemed no longer disabled within 30 days of that determination. If deemed no longer disabled, all qualified beneficiaries would no longer be eligible for the additional 11 months of continuation coverage. From the 19th month to the 29th month, up to 150% of the applicable group health premium for this extension of coverage could be charged if the disabled qualified beneficiary is part of the coverage extension.

REASONS CONTINUATION COVERAGE COULD TERMINATE EARLY (Prior to the maximum coverage period):

The employer no longer provides group health coverage;

The premium for your continuation coverage is not paid in a timely manner;

After the date you elect COBRA continuation coverage, you become covered under another group health plan:

That does not contain any exclusions or limitation with respect to any pre-existing condition that applies to you,

Where the pre-existing condition limitation does no apply to you,

When you have satisfied any pre-existing condition clauses that did apply to you; or

After the date you elect COBRA continuation of coverage, you become entitled to Medicare.

Your COBRA continuation coverage may be retroactively terminated for cause (i.e., fraudulent activity) on the same basis that the plan terminates the coverage of a similarly situated active employee for cause. Additionally, Health FSA's (Section 125 or cafeteria plan) may have a separate, earlier expiration date.

ADDITIONAL INFORMATION: If you would experience a qualifying event, you would not have to show that you were insurable in order to continue your insurance coverage under COBRA. Coverage might also extend if you are covered under a retiree plan and would lose that coverage due to a COBRA qualifying event. The employer or plan administrator must allow you to enroll in a conversion plan, if such plan is available under the employer's group health insurance plan.

COBRA notifications will be sent to your last known address. This makes it imperative that you keep the employer informed of your current address and address changes. Please also notify the employer if you add a spouse of dependent to your group health insurance coverage.

"You" in this notice refers to the employee, spouse or dependent child who is (or becomes) covered under the health plan.