

# COMMUNITY CRISIS INTERVENTION & SUPPORT SERVICES

Members of our community should never feel they must face a mental health challenge alone. We provide specialty programs to prevent mental health crises and support people through them if they happen. Our team of professionals train in



mental health crisis management, suicide prevention, and emotional wellness. Utah residents have access to a safety net when they need it most at no cost.

### FOR ANY MENTAL HEALTH CRISIS:

Utah Crisis Line – 1.800.273.8255 (TALK)

- In association with the National Suicide Prevention Lifeline
- Licensed clinicians provide free help 24/7/365
- Compassionate and non-judgmental emotional support
- Crisis intervention & suicide prevention
- Follow-up services, information, and referrals

## FOR NON-CRISIS EMOTIONAL SUPPORT:

Utah Warm Line – 1.833.SPEAKUT or 801.587.1055 (local)

- Utah residents may call 8 am to 11 pm, 7 days a week
- Peer Support Specialists with specialized training offer support, engagement and empower callers to make positive changes



# FOR FAST, FREE, FACE-TO-FACE CRISIS RESPONSE:

Mobile Crisis Outreach Team (MCOT) – 1.800.273.8255 (TALK)

The Utah Crisis Line sends out MCOT in many areas throughout our state. HMHI's MCOT primarily provides care for people within Salt Lake County. However, through the Utah Crisis Line dispatch, we work with other local mental health authorities across Utah. These other authorities also offer MCOT teams for a prompt response.

- Consultation and support to individuals, families, schools, treatment providers and first responders
- Follow-up services, including ongoing support and referrals to providers in the community
- Offering virtual visit options
- Youth & adult services teams of licensed clinicians and peer support specialists are available 24/7/365

### FOR SECURE EVALUATION & STABILIZATION:

# **HMHI** Receiving Center

- For residents of Salt Lake County
- Short-term stay (up to 23 hours)
- Serves both voluntary & involuntary patients
- Therapeutic crisis management, assessment & discharge planning

In partnership with:



Services provided by:





HUNTSMAN MENTAL HEALTH INSTITUTE | 801.587.3000

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