

Article X.A.9.           Physical Education

A.     Statement of Purpose

Physical education, recreation, intramural and athletics constitute an essential part of the total education program and makes a significant contribution toward the physical well being of students. Physical education is a planned sequence of experiences in a variety of activities, beginning with basic movements and skills and progressing toward complex skills in sports, dance, aquatics and other forms of human movement.

Intramurals and athletics are an outgrowth of the physical education program, even though they are considered extracurricular activities, and will accommodate the students with special interests. A well-directed interscholastic athletic program will be made available to all students who are interested and sufficiently skilled.

Recreational programs utilizing District facilities are conducted in cooperation with the County Recreation Department.